NOVEMBER 2026

Meal Site Main Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cavatappi Cali Blend Veggies Broccoli Garlic Bread Stick Fruit	3 Homemade Chili Corn Bread Muffin Wax Beans Carrots Fruit	4 Southwest Omelet Cinnamon Peaches Turkey Sausage Fruit	5 Popcorn Chicken Mashed Potatoes & Gravy Corn Collard Greens Cornbread Muffin Fruit	6 Seasoned Pork Chop Sweet Potato Bites & Gravy Cauliflower Peas Dinner Roll Fruit
9 Swedish Meatballs Egg Noodles Green Beans Apple Crisp Fruit	10 General Tso's Fried Rice Edamame Rainbow Veggies Fruit	11 Sliced Ham Seasoned Sweet Potato Bites Peas Cauliflower Dinner Roll Fruit	12 Shrimp & Corn Chowder Broccoli Capri Veggies Biscuit Fruit	13 Oven Fried Chicken Red Skin Potatoes Roasted Root Veggies Sautéed Cabbage Cornbread Muffin Fruit
16 Homemade Macaroni & Cheese Asparagus Cherry Fruit Crisp Fruit	17 Beef Stew Mashed Potato Cali Veggies Seasoned Green Beans Dinner Roll Fruit	18 Cabbage Roll Au Gratin Potatoes Rainbow Veggies Fruit	19 Chicken Parmesan Egg Noodles Corn Wax Beans Fruit	20 Chicken Cordon Bleu Au Gratin Potato Rainbow Veggies Asparagus Dinner Roll Fruit
23 Roasted Veg Lasagna Garlic Bread Stick Roasted Root Veggies Cali Veggies Fruit	24 Chicken Wings Red Roasted Potatoes Seasoned Collard Greens Corn Bread Muffin Fruit	25 Shrimp Scampi with Penne Noodles Broccoli Carrots Fruit Birthday Cake	26 **AgeWell Closed**	27 **AgeWell Closed**
30 Broccoli Quiche Au Gratin Potatoes Capri Veggies Fruit				

Menu includes Low Fat Milk

Meals include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

11-25 Birthday Celebration

11-26 AgeWell Closed
11-27 AgeWell Closed

AgeWell SERVICES
231-755-0434
800-442-6769

Enter Text Here