

AUGUST | 2026

Home Delivered Meals Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Chicken Cavatappi Garlic Bread Lima Beans Side Salad Applesauce 6	4	5 Pork BBQ Hamburger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7	6	7 Beef Stew Mashed Potatoes Cali Blend Green Beans Fruited Yogurt Dinner Roll 6
10 Sloppy Joe Hamburger Bun Cali Blend Veg Wax Beans Fresh Fruit 5	11	12 Scalloped Potato & Ham Mixed Veggies Fruit Cobbler Fresh Fruit 7	13	14 Spaghetti & Meat Sauce Garlic Bread Brussel Sprouts Carrots Fruited Jell-O 6
17 Macaroni & Cheese Side Salad Asparagus Beets Fruit Crisp 7	18	19 Meatloaf & Gravy Mashed Potatoes Normandy Veg Peaches Sweet Bread/Butter 5	20	21 Walking Taco Mexican rice Corn W/Peppers Fresh Fruit 7
24 Stuffed Chicken Rice Pilaf Asparagus Carrots Fresh Fruit 5	25	26 Hamburger Hamburger Bun Baked Beans Broccoli Pears Birthday Cake 7	27	28 Salisbury Steak & Gravy Mashed Potato Peas Fruit Cobbler 8
31 Hotdog Hotdog Bun Peas Cauliflower Fresh Fruit Fig Newton 6	1	2	3	4 1 carb count = 15g of carbohydrates

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

8/26 Birthday Celebration