

# AUGUST | 2026

## Meal Site Main Menu



| MONDAY                                                                                    | TUESDAY                                                                                                                        | WEDNESDAY                                                                                              | THURSDAY                                                                                                         | FRIDAY                                                                                                   |
|-------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <b>3</b> Chicken Cavatappi<br>Garlic Bread<br>Lima Beans<br>Side Salad<br>Applesauce<br>6 | <b>4</b> Seasoned Chicken<br>Breast & Gravy<br>Red Roasted Potatoes<br>Cali Blend<br>Tropical Fruit<br>Dinner Roll/Butter<br>6 | <b>5</b> Pork BBQ<br>Hamburger Bun<br>Baked Beans<br>Wax Beans<br>Tropical Fruit<br>String Cheese<br>7 | <b>6</b> Pork Chop Suey<br>White Rice<br>Corn<br>Squash<br>Ambrosia<br>Wheat Bread/Butter<br>6                   | <b>7</b> Beef Stew<br>Mashed Potatoes<br>Cali Blend<br>Green Beans<br>Fruited Yogurt<br>Dinner Roll<br>6 |
| <b>10</b> Sloppy Joe<br>Hamburger Bun<br>Cali Blend Veg<br>Wax Beans<br>Fresh Fruit<br>5  | <b>11</b> Cabbage Roll<br>Red Skin Potatoes<br>Peas & Carrots<br>Applesauce<br>Banana Pudding<br>6                             | <b>12</b> Scalloped Potato &<br>Ham<br>Mixed Veggies<br>Fruit Cobbler<br>Fresh Fruit<br>7              | <b>13</b> Swedish Meatballs<br>Egg Noodles<br>Spinach<br>Pineapple Tidbits<br>Bread Pudding<br>7                 | <b>14</b> Spaghetti & Meat<br>Sauce<br>Garlic Bread<br>Brussel Sprouts<br>Carrots<br>Fruited Jell-O<br>6 |
| <b>17</b> Macaroni & Cheese<br>Side Salad<br>Asparagus<br>Beets<br>Fruit Crisp<br>7       | <b>18</b> Chicken Bowtie Pasta<br>Carrot Raisin salad<br>Mixed Fruit<br>Sweet Bread/Butter<br>6                                | <b>19</b> Meatloaf & Gravy<br>Mashed Potatoes<br>Normandy Veg<br>Peaches<br>Sweet Bread/Butter<br>5    | <b>20</b> Oven Fried Chicken<br>Red Roasted Potatoes<br>Sautéed Cabbage<br>Applesauce<br>Corn Muffin/Butter<br>6 | <b>21</b> Walking Taco<br>Mexican rice<br>Corn W/Peppers<br>Fresh Fruit<br>7                             |
| <b>24</b> Stuffed Chicken<br>Rice Pilaf<br>Asparagus<br>Carrots<br>Fresh Fruit<br>5       | <b>25</b> Italian Chicken Breast<br>Brown Rice<br>Green Beans<br>Beets<br>Mandarin Oranges<br>Dinner Roll/Butter<br>6          | <b>26</b> Hamburger<br>Hamburger Bun<br>Baked Beans<br>Broccoli<br>Pears<br>Birthday Cake<br>7         | <b>27</b> Polish Sausage<br>Hot Dog Bun<br>Sauerkraut<br>Cali Blend<br>Applesauce<br>4                           | <b>28</b> Salisbury Steak &<br>Gravy<br>Mashed Potato<br>Peas<br>Fruit Cobbler<br>8                      |
| <b>31</b> Hotdog<br>Hotdog Bun<br>Peas<br>Cauliflower<br>Fresh Fruit<br>Fig Newton<br>6   | <b>1</b>                                                                                                                       | <b>2</b>                                                                                               | <b>3</b>                                                                                                         | <b>4</b> 1 carb count = 15g<br>of carbohydrates                                                          |

**Menu includes  
Low Fat Milk**

**Meals include 1/3  
of the Recommended Daily  
Allowance (RDA)**

**Meals Subject  
to Change**

**8/26 Birthday Celebration**