

APRIL | 2026

HDM Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>30</p>	<p>31</p>	<p>1 Pork BBQ Hamburger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7</p>	<p>2</p>	<p>3 Roast Beef & Gravy Mashed Potatoes Cali Blend Green Beans Fruited Yogurt Dinner Roll/Butter 6</p>
<p>6 Sloppy Joe Hamburger Bun Broccoli Wax Beans Fresh Fruit 5</p>	<p>7</p>	<p>8 Scalloped Potato & Ham Mixed veggies Fruit Cobbler Fresh Fruit 7</p>	<p>9</p>	<p>10 BBQ Chicken Breast Baked Potato Coleslaw Spiced Apples 6</p>
<p>13 Meatloaf & Gravy Mashed Potatoes Peas Normandy veggies Peaches Sweet Bread/Butter 5</p>	<p>14</p>	<p>15 Walking Taco Mexican Rice Corn W/peppers Fresh Fruit 7</p>	<p>16</p>	<p>17 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin/Butter 5</p>
<p>20 Stuffed Chicken Rice Pilaf Asparagus Carrots Fresh Fruit 5</p>	<p>21</p>	<p>22 Salisbury Steak & Gravy Mashed Potato Peas Fruit Cocktail Birthday Cake 8</p>	<p>23</p>	<p>24 Hamburger Hamburger Bun Baked Beans Broccoli Pears 6</p>
<p>27 Pork Chops & Gravy Mashed Potatoes Corn Peaches Wheat Bread/Butter 5</p>	<p>28</p>	<p>29 S & S Meatballs Egg Noodles Wax Beans Spinach Ambrosia Dinner Roll/Butter 7</p>	<p>30</p>	<p>1 carb count = 15g of carbohydrates</p>

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

4/22 Birthday Celebration



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