



FEBRUARY | 2026

HDM Main Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Pork Chops & Gravy
Mashed Potatoes
Peas
Peaches
Wheat Bread/Butter
4

3

4 Lasagna
Garlic Bread
Corn
Cauliflower
Fresh Fruit
Fig Newtons
7

5

6 Chicken Wings
Baked Potato
Sautéed Cabbage
Tomato salad
Fruited Jell-O
5

9 Chicken Diane
White Rice
Succotash
Beets Applesauce
4

10

11 Sliced Ham
Sweet Potatoes
Peas
Pineapple Tidbits
Banana Pudding
7

12

13 Cabbage Rolls
Au Gratin Potatoes
Peas & carrots
Mandarin Oranges
Dinner Roll/Butter
6

16 **AGEWELL
CLOSED**

17

18 Chicken Cavatappi
Garlic Bread
Lima Beans
Side Salad
Applesauce
6

19

20 Homemade Chili
Crackers
Wax Beans
Peas
Tropical Fruit
5

23 Swedish Meatballs
Egg Noodles
Spinach
Pineapple tidbits
Bread Pudding
7

24

25 BBQ Chicken Breast
Baked Potato
Coleslaw
Spiced Apples
Birthday Cake
7

26

27 Chicken Marsala
Brown Rice
Euro Blend Vegetables
Zucchini
Fresh Fruit
4

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

**2/16 AgeWell Closed
2/25 Birthday Celebration**



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