

Be Prepared for Emergencies!

It is that time of year in Michigan where snowy weather can hit hard, making it difficult for our staff and drivers to be on the road. There are times that AgeWell may have to close and we want you to be prepared.

What do I need to know?

AgeWell sends emergency shelf- stable meals at least once per year. These are boxed meals with a bright sticker on it to identify them. Please save these and only eat them if we cannot deliver. That way you will still have a meal when we are not able to get to you.

We send 3 emergency meals to start, if we are closed for more than 3 days we will automatically send additional.

If the schools in your area are closed, we will likely be closed too. If you are a meals on wheels recipient, you can look on WZZM to confirm if AgeWell is closed in your county. If you go to a lunch and activity center, you can call your center to determine if it is open or not.

What should I do to be prepared in my home?

The first step is considering how an emergency would affect your individual needs. Plan to make it on your own, for at least three days. It's possible that you will not have access to a medical facility or even a drugstore. It is crucial that you and your family think about what kinds of resources you use on a daily basis and what you might do if those resources are limited or not available

Some basics to keep on hand in case of an emergency:

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food and a can opener if kit contains canned food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Local maps
- Pet food, extra water and supplies for your pet or service animals

For reference or more information visit: <https://www.ready.gov>