



DECEMBER | 2025

HDM Main Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Pork Chop Suey White Rice Broccoli Squash Ambrosia Wheat bread/Butter 7	2	3 Beef Stew Mashed Potato's Cali Blend Green Beans Fruited Yogurt Dinner Roll/Butter 6	4	5 Homemade Chili Crackers Wax Beans Peas Tropical Fruit 5	<p>Menu includes Low Fat Milk</p> <p>Meals include 1/3 of the Recommended Daily Allowance (RDA)</p> <p>Meals Subject to Change</p> <p>12/17 DTE Dinner 12/23 HDM Delivery Day 12/24 AgeWell Closed 12/25 AgeWell Closed 12/26 AgeWell Closed 12/31 AgeWell Closed</p> <p>Note: Due to the Holidays we will be delivering on Tuesday 12/23 for those scheduled to receive a meal on Friday 12/26. No meals will be delivered on Friday 12/26.</p> 
8 Ziti & Meat Sauce Garlic Bread Brussel Sprouts Carrots Fruited Jell-O 6	9	10 Chicken Marsala Brown Rice Euro Blend Vegetables Zucchini Fresh Fruit 4	11	12 Swedish Meatballs Egg oodles Spinach Pineapple tidbits Bread Pudding 7	
15 Homemade Macaroni & Cheese Three Bean Salad Asparagus Beets Pears 5	16	17 DTE Dinner Cranberry Brie Stuffed Chicken Mashed Potato & Gravy Prince Charles Vegetables Cinnamon Applesauce Cesar Salad Dinner Roll/Butter Peanut Butter Pie	18	19 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin/Butter 5	
22 Salisbury Steak & Gravy Mashed Potato Peas Fruit Cobbler Fruit Cocktail 8	23 Stuffed Chicken Rice Pilaf Asparagus Carrots Fresh Fruit 5	24 AGEWELL CLOSED	25 AGEWELL CLOSED	26 AGEWELL CLOSED	
29 Lasagna Garlic Bread Corn Cauliflower Fruit Cup Fig Newton 7	30	31 AGEWELL CLOSED	1 AGEWELL CLOSED	2 1 carb count = 15g of carbohydrates	