

NOVEMBER | 2025



Meal Site Main Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin/Butter 5	4 Homemade Macaroni & Cheese Side Salad Asparagus Beets Pears 5	5 Walking Taco Mexican Rice Corn with Peppers Fresh Fruit 7	6 Old Fashioned Meatloaf Mashed Potato Peas Cari Veggies Peaches Sweet Bread/Butter 5	7 Cabbage Roll Au Gratin Potatoes Peas & Carrots Mandarin Oranges 6
10 Italian Chicken Breast Brown Rice Green Beans Beets Mandarin Oranges Dinner Roll/Butter 6	11 Pea & Ham Soup Cauliflower Corn Ambrosia 6	12 Salisbury Steak & Gravy Mashed Potato Peas Fruit Cobbler Fruit Cocktail 8	13 Hamburger Hamburger Bun Baked Beans Broccoli Pears 6	14 Stuffed Chicken Rice Pilaf Asparagus Carrots Fresh Fruit 5
17 Bourbon Chicken White Rice Squash Carrot Raisins Salad Fruit Crisp 8	18 Chicken Wings Baked Potato Sautéed Cabbage Tomato Salad Fruited Jell-O 5	19 Pork Chops & Gravy Mashed Potatoes Peas Peaches Wheat Bread/Butter 4	20 S & S Meatballs Egg Noodles Wax Beans Spinach Ambrosia Dinner Roll/Butter Birthday Cake 8	21 Lasagna Garlic Bread Corn Cauliflower Fresh Fruit Fig Newton 7
24 Chicken Diane White Rice Succotash Beets Applesauce 4	25 Homestyle Goulash Garlic Bread Brussel Sprouts Wax Beans Fresh Fruit 6	26 Sliced Turkey & Gravy Stuffing Green Beans Cali Blend Cranberry Sauce Dinner Roll/Butter 7	27 AGEWELL CLOSED	28 AGEWELL CLOSED

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

**11/20 Birthday Celebration
11/27-28 AgeWell Closed**

1 carb count = 15g of
carbohydrates



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