

JUNE | 2025

Main Menu



MONDAY

2 Bourbon Chicken
White Rice
Squash
Three Bean Salad
Fruit Crisp
8

9 Frittata
Red Roasted Potatoes
Succotash
Apricots
6

16 Beef Pot Roast
Mashed Potatoes
Cali Blend Veggies
Green Beans
Fruited Yogurt
Dinner Roll/Butter
6

23 Scalloped Potatoes &
Ham
Mixed Veggies
Fruit Cobbler
Fresh Fruit
7

30 Chicken Bowtie Pasta
Carrot Raisin Salad
Mixed Fruit
Sweet Bread
6

TUESDAY

3 Pork Chops & Gravy
Mashed Potatoes
Corn
Peaches
Wheat Bread/Butter
5

10 Cabbage Rolls
Au Gratin Potatoes
Peas & Carrots
Applesauce
Banana Pudding
6

17 Chicken Cavatappi
Garlic Bread
Asparagus
Side Salad
Applesauce
6

24 BBQ Chicken Breast
Baked Potato
Coleslaw
Spiced Apples
6

1

WEDNESDAY

4 S & S Meatballs
White Rice
Wax Beans
Spinach
Ambrosia
Dinner Roll/Butter
7

11 Chicken Diane
White Rice
Asparagus
Beets
Fresh Fruit
5

18 Pork BBQ
Hamburger Bun
Baked Beans
Wax Beans
Tropical Fruit
String Cheese
7

25 Swedish Meatballs
Egg Noodles
Spinach
Pineapple Tidbits
Bread Pudding
7

2

THURSDAY

5 Chicken Wings
Baked Potato
Sautéed Cabbage
Tomato Basil
Fruited Jell-O
5

12 Sliced Ham
Sweet Potatoes
Peas
Pineapple Tidbits
Wheat Bread/Butter
7

19 AGEWELL
CLOSED

26 Ziti & Meat Sauce
Garlic Bread
Asparagus
Carrots
Fruited Jell-O
Birthday Cake
6

3

FRIDAY

6 Hot Dog
Hot Dog Bun
Asparagus
Cauliflower
Fresh Fruit
Fig Newton
6

13 Chicken Salad
Wheat Croissant
Coleslaw
Mandarin Oranges
6

20 AGEWELL
CLOSED

27 Sloppy Joe
Hamburger Bun
Euro Blend Veggies
Wax Beans
Fresh Fruit
5

4 1 carb count = 15g
of carbohydrates

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

**6-19 AgeWell Closed
6-20 AgeWell Closed
6-26 Birthday Celebration**



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