

MAY | 2025

Sandwich Salad Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 carb count = 15g of carbohydrates	29	30	1 Bleu Moon Sandwich Carrot Raisin Salad Fresh Fruit 6	2 Meatloaf Sandwich Corn W/Peppers Tropical Fruit 5
5 Tuna Salad Raisins Creamy Cucumbers 6	6 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5	7 Roast Beef & Swiss Fresh Fruit Fruited yogurt Carrot/Celery Sticks 6	8 Chicken Fajita Wrap Ambrosia Corn W/Peppers 6	9 Turkey BLT Fresh Fruit Carrot Raisins Saad 5
12 Chicken Veg Wrap Fresh Fruit Side Salad 7	13 Pastrami & Swiss Fruit Cocktail Fresh Fruit 6	14 Tomato Salami Raisins Corn W/Peppers 6	15 Turkey on Onion Bun Fresh Fruit Baked Beans 6	16 Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5
19 Grilled Chicken Sandwich Raisins Creamy Cucumbers 5	20 Turkey Bagel Raisins Baked Beans 6	21 Beef & Bleu Wrap Pineapple Tidbits Side Salad 6	22 Egg Salad Fresh Fruit Coleslaw Birthday Cake 7	23 Chicken Burrito Corn W/Peppers Applesauce 7
26 AGEWELL CLOSED	27 Ham & American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6	28 Tomato Salami Raisins Corn w/Peppers 6	29 Tuna Salad Three Bean Salad Diced Peaches Apple Juice 6	30 Turkey BLT Fresh Fruit Carrot Raisin Salad 5

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

**5-22 Birthday Celebration
5-26 AgeWell Closed**



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