



FEBRUARY | 2025

Sandwich Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken Salad Wheat Croissant Potato Salad Fruited Yogurt 4</p>	<p>4 Bleu Moon Carrot Raisin Salad Fresh Fruit 6</p>	<p>5 Pizza Sub Raisins Carrot/Celery Sticks Mandarin Oranges 7</p>	<p>6 Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Fruit 5</p>	<p>7 Meatloaf Sandwich Corn w/Peppers Tropical Fruit 5</p>
<p>10 Tuna Salad Sandwich Raisins Creamy Cucumbers 6</p>	<p>11 Turkey BLT Fresh Fruit Carrot Raisin Salad 5</p>	<p>12 Roast Beef & Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p>13 Chicken Fajita Wrap Ambrosia Salad Corn W/Peppers 6</p>	<p>14 AGEWELL CLOSED</p>
<p>17 AGEWELL CLOSED</p>	<p>18 Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5</p>	<p>19 Pastrami & Swiss Fruit Cocktail Fresh Fruit 6</p>	<p>20 Turkey Onion Bun Fresh Fruit Baked Beans 6</p>	<p>21 Chicken Veg Wrap Fresh Fruit Side Salad 7</p>
<p>24 Beef & Bleu Wrap Pineapple Tidbits Side Salad 6</p>	<p>25 Egg Salad Sandwich Fresh Fruit Coleslaw 6</p>	<p>26 Grilled Chicken Raisins Creamy Cucumbers 5</p>	<p>27 Chicken Burrito Corn w/Pepper Applesauce Birthday Cake 8</p>	<p>28 Turkey Bagel Raisins Baked Beans 6</p>

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended
Daily Allowance (RDA)**

**Meals Subject
to Change**

**2-14 AgeWell Closed
2-17 AgeWell Closed**

2-27 Birthday Celebration

1 carb count = 15g of
carbohydrates



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www.agewellservices.org