**DECEMBER** 2024 Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 Grilled Chicken Raisins Creamy Cucumber 5	Egg Salad Sandwich Fresh Fruit Coleslaw 6	<sup>4</sup> Beef & Bleu Wrap Pineapple Tidbits Side Salad 6	5 Chicken Burrito Corn W/Peppers Applesauce 7	6 Turkey Bagel Raisins Baked Beans 6	Menu includes Low Fat Milk Meals include 1/3 of the Recommended Daily Allowance (RDA)
<ul> <li>9 Ham &amp; American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</li> </ul>	1 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Fruit 5	<b>11</b> Tomato Salami Raisins Corn W/Peppers 6	12una Salad Sandwich Three Bean Salad Peaches Apple Juice 6	<b>13</b> Turkey BLT Fresh Fruit Carrot Raisins Salad 5	<u>Meals Subject</u> <u>to Change</u> 12-12 DTE Dinner 12-24/26 AgeWell Closed 12-31 &1-1 AgeWell Closed
16 Haystack Pork Peas & Cheese Applesauce 4	17 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6	18 & J Sandwich Tomato Basil Salad Fresh Fruit 6	19 Seafood Sub Corn W/Peppers Fresh Fruit 8	2gg Salad Sandwich Baked Beans Pears Orange Juice 6	
23 Pizza Sub Raisins Carrot/Celery Sticks Mandarin Oranges 7	<sup>24</sup> AGEWELL CLOSED	<sup>25</sup> AGEWELL CLOSED	<sup>26</sup> AGEWELL CLOSED	27 Chicken Salad Wheat Croissant Potato Salad Fruited Yogurt 4	
Tuna Salad Sandwich Raisins Creamy Cucumbers 6	<sup>31</sup> AGEWELL CLOSED	<sup>1</sup> AGEWELL CLOSED	2	31 carb count = 15g of carbohydrates	231-755-0434 800-442-6769 www.agewellservices.org