



DECEMBER | 2024

Main Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Homemade Macaroni & Cheese Side Salad Asparagus Beets Pears 5	3 Meatloaf & Gravy Mashed Potatoes Peas Root Blend Veggies Peaches Sweet Bread & Margarine 5	4 Swedish Meatballs Egg Noodles Spinach Pineapple Tidbits Bread Pudding 7	5 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin & Margarine 5	6 Walking Taco Mexican Rice Corn W/Peppers Fresh Fruit 7
9 Citrus Salmon Brown Rice Lima Beans Broccoli Mandarin Oranges 6	10 Battered Fish Baked Potato Coleslaw Spiced Apples 6	15 Scalloped Potato & Ham Mixed Veggies Fruited Yogurt Butterscotch Pudding 8	12 DTE DINNER Cranberry Brie Stuffed Chicken Mashed Potatoes & Gravy Prince Charles Veggies Caesar Salad Applesauce Dinner Roll & Margarine Peanut Butter Pie	13 Salisbury Steak & Gravy Mashed Potatoes Peas Fruit Cobbler Fruit Cocktail 8
16 Pork Chops & Gravy Mashed Potato Peas Peaches Wheat Bread & Margarine 4	17 Bourbon Chicken White Rice Winter Squash Carrot Raisin Salad Fruit Crisp 8	18 Lasagna Garlic Bread Corn Cauliflower Fresh Fruit Fig Newton 7	19 S & S Meatballs White Rice Wax Beans Spinach Ambrosia Dinner Roll/Margarine 7	20 BBQ Chicken Wings Baked Potato Sautéed Cabbage Tomato Salad Fruited Jell-O
23 Chicken Cavatappi Garlic Bread Root Blend Side Salad Applesauce 6	24 AGEWELL CLOSED	25 AGEWELL CLOSED	26 AGEWELL CLOSED	27 Cabbage Rolls Au Gratin Potatoes Peas & Carrots Mandarin Oranges Dinner Roll/Margarine 6
30 Homestyle Goulash Garlic Bread Brussel Sprouts Wax Beans Fresh Fruit 6	31 AGEWELL CLOSED	1 AGEWELL CLOSED	2	31 carb count = 15g of carbohydrates

Menu includes
Low Fat Milk

Meals include 1/3
of the Recommended Daily
Allowance (RDA)

Meals Subject
to Change

12-12 DTE Dinner
12-24/26 AgeWell Closed
12-31 & 1-1 AgeWell Closed



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