



AgeWell Services of West Michigan
275 W. Clay Ave., Suite 100
Muskegon, MI 49440

WOULD YOU PREFER AN EMAIL VERSION OF THIS NEWSLETTER?

Is your name and mailing address correct?
Please contact Jennifer Drury with any changes:
Email: Jennifer@agewellservices.org
Phone: 231-733-8635



Making My Dad's Day a Little Bit Brighter

Fred loves the hamburgers, American fries and applesauce that gets delivered to him through Meals on Wheels. Retired from Muskegon Community College and a resident of Norton Shores, Fred is living independently at 93 years old! Although he enjoys cooking, it was becoming more challenging to prepare meals and his family was worried he was not getting enough to eat. That led his daughter, Cynthia, to contact AgeWell Services to sign her father up for the Meals on Wheels program.



Fred pictured with his daughter, Cynthia.

Now, five days a week, he receives a hot, nutritious meal that he really enjoys and she feels relieved. Cynthia shared -

“We are so happy he has Meals on Wheels! He really loves the variety of meals and he also really looks forward to his daily delivery from Ron. They like to have a chat and that makes me feel like someone is checking in with him every day. I wish everyone that needed this program could benefit from it. It has really helped our family.”



Behind the Wheel

Spring 2024

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From the Executive Director...

Dear Friends and Supporters,

This past year, we embarked on our three year strategic plan that will shape the future of AgeWell Services. We focused on promoting healthy lifestyles, expanding our capacity, strengthening our infrastructure, and increasing public awareness of our commitment in enhancing seniors' lives in our community.



A wonderful example (of many!) of our strategic plan at work in strengthening our infrastructure was the purchase of a walk-in freezer and installation of an automatic sliding door in the loading area of our kitchen. We owe many thanks to our generous supporters for funding infrastructure! These additions have aided our team by enhancing operational efficiency while allowing for expansion to hold fresh local foods.

I'm continually impressed by our team's dedication to serving our seniors and we would all love to serve more. However, we do face some challenges. Notably, a growing waiting list for Meals on Wheels and inability to meet all ride requests for Senior Medical Transportation. For now, it is a necessary tool as we continue to focus on sustainability and work on expanding our capacity. But we can't do that work without our supporters and we thank you for your generosity.

Like so many in our community, we have seen a reduction in federal funding post-pandemic. Added to inflationary increases in food, transportation, labor and coupled with the rising needs of our aging population, we see how important and necessary our work is. To remain sustainable, our team, along with volunteers and partners, have adapted programs and services to meet seniors' unique needs despite these challenges. We've made strides in securing our organization's long-term viability. And, we continue to deliver essential services to our senior community by promoting health, wellness, and invaluable connections.

Looking forward, we see exciting growth opportunities. With your continued support, AgeWell Services will continue making a significant impact on seniors' lives in our community.

Thank you for believing in our mission. Together, we're building a stronger, more vibrant community for all.

Gratefully,

Kris Collee, Executive Director

2024 Board of Directors

Board Chair

Tony Johnson

General Directors

LaTonya Beene

Charles Koop

Kayla Kolbe

Gwen Moeggenborg

D'Erika Nichols-Woods

Luke Reynolds

Delores Whittaker

Mission Statement

AgeWell Services invites you to redefine age!

We provide vital connections to keep you nourished, active, learning and living independently.

AgeWell Services of West Michigan

275 W. Clay Ave., Suite 100

Muskegon, MI 49440

Phone: (231) 755-0434

www.agewellservices.org

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Ex-Officio

Uvett Brown



Annual Report

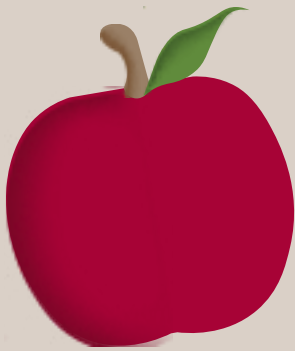
Fiscal Year 2022 - 2023



Together, we nourished seniors through important food programs and engaged them to keep their minds and bodies healthy.

Over 10,000

aging adults served by AgeWell Services of West Michigan in 2022-2023 by providing vital connections to keep seniors nourished, active, learning, and living independently.



386,773
Total Meals Served
 Home Delivered Meals **268,831**
 Lunch & Activity Centers **117,942**

4,676
Aging Adults Served
 Lunch & Activity Centers **1,806**
 Home Delivered Meals **2,870**

Project FRESH

Each participant received \$20 worth to buy fresh produce at local Farmer's Markets.

Oceana County

101 low income seniors received **600** coupons and **85%** were redeemed

Muskegon County

298 low income seniors received **1,500** coupons and 93% were redeemed



774
Aging Adults
 Participated in at least 1 program or service at our **Wellness Center**

493
Senior Center Activities
 Participants for **325** activities and **3** health promotion classes

9,831 Senior Medical Transportation Rides

Provided by volunteers for **308** people traveling over **122,865** miles

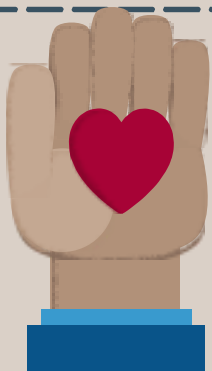


2,592
People

Reached in person with information and education about **Elder Justice** and how to report abuse, neglect, and financial exploitation.



203
Elder Justice Cases
 Investigated by the SafeSeniors team, providing support and seeking justice for victims



21,109
Volunteer Hours
 Donated by **212** volunteers
 Valued at **\$666,822!**
 2023 Independent Sector value of one Volunteer Hour in Michigan is: \$31.59



\$768,494
Contributions from Donors

6.5%
Our Administrative Rate



Program support comes from:

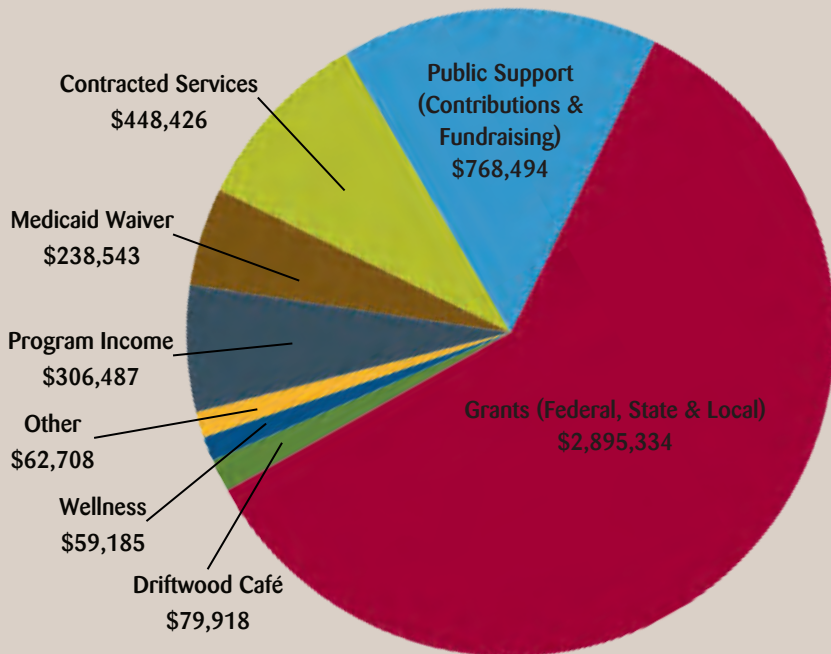


Financial Report

Fiscal Year 2022 - 2023

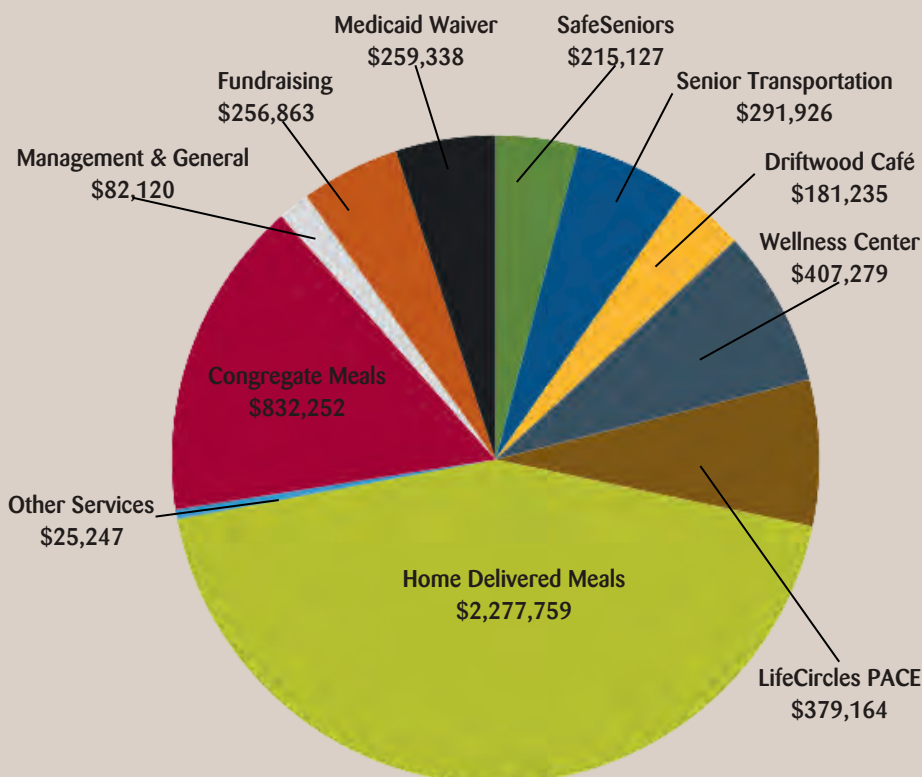
Revenues & Support

Total: \$4,859,125



Expenses

Total: \$5,208,310



Generous grant support provided by:

- City of Muskegon
- City of Norton Shores
- City of Roosevelt Park
- Consumers Energy Foundation
- Coopersville Area Community Foundation
- DTE Energy Foundation
- Dalton Township
- Fruitland Township
- Fruitport Charter Township
- Glick Philanthropies Community Relief Fund
- HPS
- Laketon Township
- Leonard & Edna K. Blomdahl Fund of the Community Foundation for Muskegon County
- Michigan Department of Health and Human Services
- Michigan Department of Transportation
- Muskegon Charter Township
- Muskegon County Lion's Club Fund of the Community Foundation for Muskegon County
- Muskegon County Senior Millage
- MI Nonprofit Relief Fund administered by the Michigan Nonprofit Association (MNA) and the Michigan Department of Labor and Economic Opportunity (LEO)
- Senior Resources of West Michigan
- Sister Simone Courtade Fund – Trinity Health Muskegon
- SpartanNash Foundation
- The Samuel L. Westerman Foundation
- The Shaw and Betty Walker Foundation
- United Way Emergency, Food and Shelter Program
- United Way of the Lakeshore
- White River Township
- William R. Lather's Foundation Fund of the Community Foundation for Oceana County
- Women's Division Chamber of Commerce



Administrative Offices

Berkshire
275 W Clay Ave, Suite 100
Muskegon, MI 49440
231-755-0434
agewellservices.org

Wellness Center & Driftwood Café

Tanglewood Park
560 Seminole Rd.
Muskegon, MI 49444