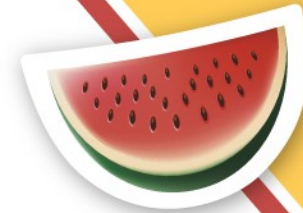


JUNE | 2024

Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Turkey BLT Fresh Apple Carrot Raisins Salad 5</p>	<p>4 Chicken Fajita Wrap Ambrosia Salad Corn W/Peppers 6</p>	<p>5 Roast Beef & Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p>6 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p>7 Tuna Salad Sandwich Raisins Creamy Cucumbers 6</p>
<p>10 Pastrami & Swiss Fruit Cocktail Fresh Orange 6</p>	<p>11 Turkey on Onion Bun Fresh Fruit Baked Beans 6</p>	<p>12 Chicken Veggie Wrap Fresh Fruit Side Salad 7</p>	<p>13 Tomato Salami Raisins Corn W/Peppers 6</p>	<p>14 Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5</p>
<p>17 Turkey Bagel Raisins Baked Beans 6</p>	<p>18 Beef & Bleu Wrap Pineapple Tidbits Side Salad 6</p>	<p>19 AGEWELL CLOSED</p>	<p>20 Chicken Burrito Corn W/Peppers Applesauce 7</p>	<p>21 Egg Salad Sandwich Fresh Fruit Coleslaw 6</p>
<p>24 Tuna Salad Sandwich Three Bean Salad Peaches Apple Juice 6</p>	<p>25 Ham & American Sandwich Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p>26 Turkey BLT Sandwich Fresh Fruit Carrot Raisin Salad 5</p>	<p>27 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Fruit Birthday Cake 6</p>	<p>28 Tomato Salami Sandwich Raisins Corn W/Peppers 6</p>

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

**6-19 AgeWell Closed
6-27 Birthday Celebration**

1 carb count = 15g of
carbohydrates



****Please remember
Holiday meals will only
be sent to those in
highest need which is
very few participants**

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800-442-6769
www.agewellservices.org