## APRIL 2024



## Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey BLT Raisins Creamy Cucumbers 5	2 Tuna Salad Three Bean Salad Peaches Apple Juice 6	Tomato Salami Raisins Corn W/Peppers 6	4 Ham & American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6	5 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Fruit 5
Egg Salad Sandwich Baked Beans Pears Orange Juice 6	9 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6	10 Haystack Pork Sandwich Peas & Cheese Applesauce 4	11 PB & J Sandwich Tomato Basil Salad Fresh Fruit 6	12 Seafood Sub Corn W/Peppers Fresh Fruit 8
15 Pizza Sub Raisins Carrot/Celery Sticks Mandarin Oranges 7	Beu Moon Sandwich Carrot Raisin Salad Fresh Fruit 6	1Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Fruit 5	18 Meatloaf Sandwich Corn W/Peppers Tropical Fruit 5	19 Chicken Salad Wheat Croissant Potato Salad Fruited Yogurt 4
Tuna Salad Sandwich Raisins Creamy Cucumbers 6	<b>Ch</b> icken Fajita Wrap Ambrosia Salad Corn w/Peppers 6	<b>24</b> Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5	2Roast Beef & Swiss Cheese Fresh Fruit Fruited Yogurt Carrot/Celery Sticks Birthday Cake 7	26 Turkey BLT Fresh Fruit Carrot Raisin Salad 5
29 Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5	30 <sup>P</sup> astrami & Swiss Fruit Cocktail Fresh Fruit 6	1	2	*** 1 carb count = 15g of carbohydrates

Menu includes Low Fat Milk

Meals include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

4-25 Birthday Celebration



\*\*Please remember
Holiday meals will only
be sent to those in
highest need which is
very few participants

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