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## **Annual Holiday Meal Set for December 14th**



*Muskegon, Mich.* – It's that time of year when families begin to gather, memories from the past are shared, and hopes for the New Year fill the air. For over a decade, AgeWell Services of West Michigan have partnered with the DTE Energy Foundation and Senior Resources of West Michigan to bring special holiday meals to those 60 and olderin Muskegon, Oceana, and Ottawa counties.

"We are grateful for the continued support from the DTE Energy Foundation and Senior Resources of West Michigan to provide this special meal to our aging neighbors," said Kris Collee, Executive Director of AgeWell Services. "Their support allows us to provide a little extra joy in people's lives, especially for some who may have a hard time during the Holidays."

This year, the annual meal is Thursday, December 14 at eight locations around Muskegon and Ottawa counties. Meals will be offered as dine-in at each site. Meals are limited, so reservations are required. To reserve your meal or to find a location near you, call 211 (231-733-1155 by phone) Monday to Friday from 9 am to 4 pm. Reservations will be accepted Monday, November 13 to Thursday, November 30.

This year's menu is cranberry brie stuffed chicken breast, mashed potatoes and gravy, chunky applesauce with cinnamon, Prince Charles veggies, dinner roll with butter, and dessert.

For more information, call 211 or visit agewellservices.org/dte-energy-holiday-meal.



## **About AgeWell Services**

AgeWell Services of West Michigan was founded in 1973. AgeWell Services invites adults 60 and over to redefine their age. We provide vital connections to keep our most vulnerable population nourished, active, learning, and living independently. AgeWell Services is a private nonprofit. With support of a 3-county Board of Directors, a programming advisory committee, 90 staff members and 300 volunteers, we provide 6 different services to adults 60 and older in Muskegon, Oceana, and Ottawa counties – Meals on Wheels, Lunch & Activity Centers, Wellness (55 and over), Senior Medical Transportation, Discount Dining Program, and SafeSeniors. For more information on AgeWell Services visit: <a href="https://www.agewellservices.org">www.agewellservices.org</a> or follow the organization on Facebook and Twitter: @AgeWellServices