



Behind the Wheel

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From the Executive Director...



As I look back at the results from AgeWell Services' Fiscal Year 2021/22 Annual Report, I am amazed at the sheer number of adults over 60 we served in our programs.

As I look ahead, those numbers will only continue to grow. We anticipate 26% of all adults in our service area, Muskegon, Oceana, and Ottawa counties, will be over the age of 60 by 2025. That's one in four!

The team here at AgeWell is doing all it can to prepare for this coming influx of adults, many of whom will need the services we provide to help them redefine their age and keep them nourished, active, learning and living independently. Our new strategic plan includes three primary goals:

- 1) Cultivate healthy lifestyles, researching to develop growth.
- 2) Develop team member capacity to eliminate barriers and strengthen infrastructure through efficiencies.
- 3) Create awareness, build engagement and foster inclusive relationships.

With the help of Public Sector Consultants in Lansing, our plan for these goals was created with input from our strategic community partners, the Board of Directors and our team members.

Now, the AgeWell team is building out specific action steps for each goal to implement in the next three to five years – always mindful that our plans may change as conditions change. Just as we've done for the past 50 years.

Our resources are limited, and we are already at capacity in many areas with our current staff and facilities. The wait lists we've had to put in place have been difficult and we're doing all we can to whittle them down as quickly as we can. Your help has been invaluable in that effort. Thank you.

I'm always interested to hear what you think of our plans moving forward. Please reach out and share your thoughts on this report. You can email me at kris@agewellservices.org.

Gratefully,

Kris Collee, Executive Director

Board of Directors

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Mission Statement

AgeWell Services invites you to redefine age!
We provide vital connections to keep you nourished, active, learning and living independently.

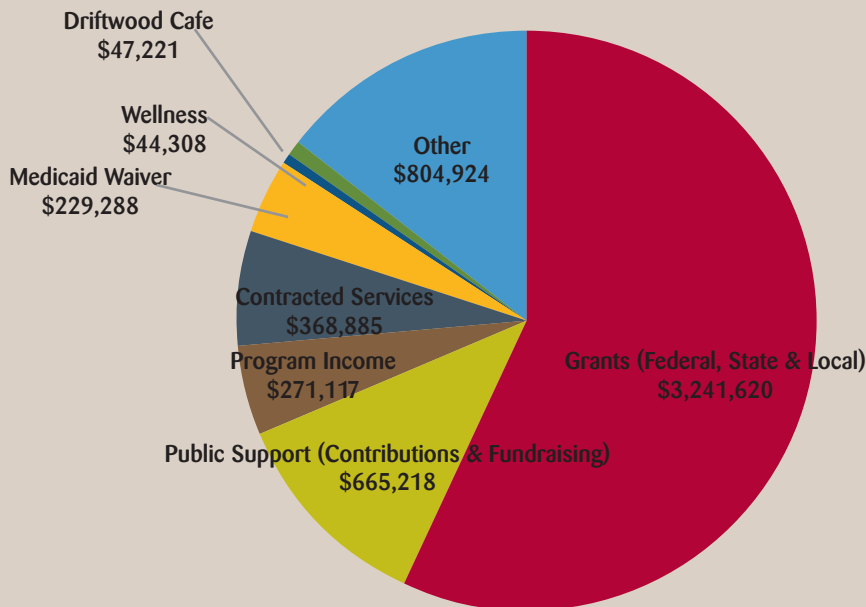
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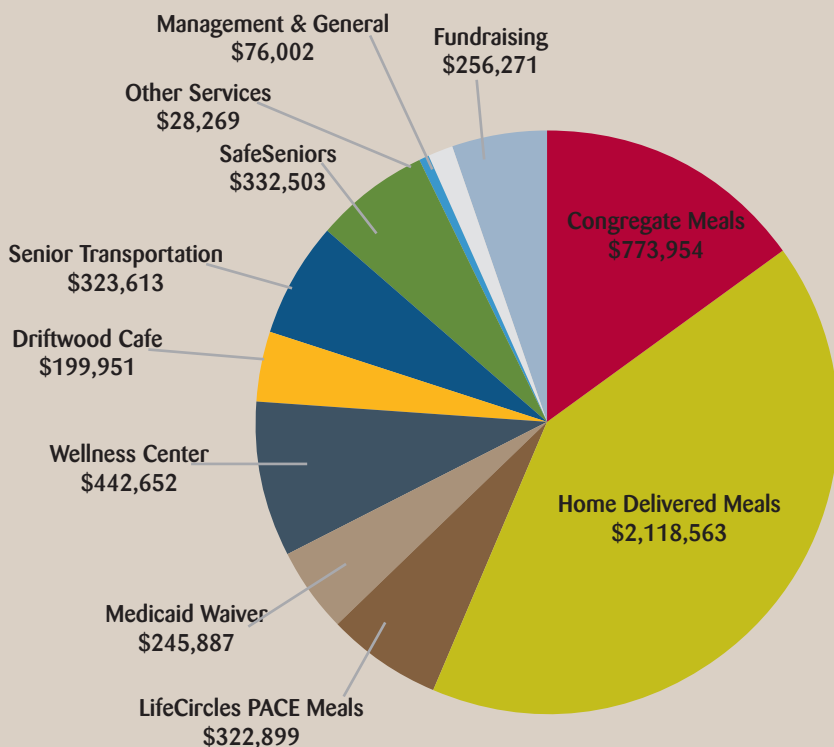
Financial Report

Revenues & Support



Total: \$5,637,344

Expenses



Total: \$5,120,564

Generous grant support provided by:

- Bessie E. & Ethan Allen Gray Health Fund of the Oceana Community Foundation
- City of Muskegon
- City of Norton Shores
- City of Roosevelt Park
- Community Foundation for Muskegon County
- Community Investment Fund of the Oceana Community Foundation
- Consumers Energy Foundation
- Dalton Township
- Delta Dental Foundation
- DTE Energy Foundation
- Elaine & Lee Curtis Fund of the Oceana Community Foundation
- Fruitland Township
- Fruitport Charter Township
- Glick Philanthropies
- Laketon Township
- Leonard & Edna K. Blomdahl Fund, advised by the White Lake Community Fund of the Community Foundation for Muskegon County
- Michigan Department of Health and Human Services
- Michigan Department of Transportation
- Michigan Health Endowment Fund
- Muskegon Charter Township
- Muskegon County Senior Millage
- Prevent Elder and Vulnerable Adult Abuse, Exploitation and Neglect Today (PREVNT), administered by the Michigan Bureau of Aging, Community Living and Supports
- Senior Center Wellness Program, administered by the Michigan Department of Health and Human Services
- Senior Resources of West Michigan
- Sister Simone Courtade Fund - Trinity Health Muskegon
- SpartanNash Foundation
- The Shaw and Betty Walker Foundation
- The Samuel L Westerman Foundation
- United Way Emergency, Food and Shelter Program
- United Way of the Lakeshore
- UMRC & Porter Hills Foundation
- Women's Division Chamber of Commerce



Administrative Offices

Berkshire
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Muskegon, MI 49440
231-755-0434



Wellness Center & Driftwood Café

Tanglewood Park
560 Seminole Rd.
Muskegon, MI 49444
agewellservices.org

Annual Report

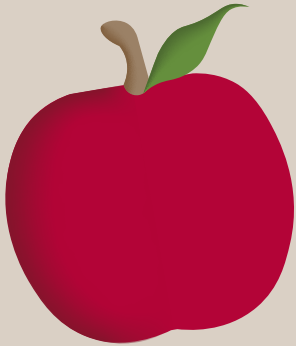
Fiscal Year 2021-2022



Together, we nourished seniors through important food programs and engaged them to keep their minds and bodies healthy.

17,300

Aging adults served by AgeWell Services of West Michigan in 2021-2022 by providing vital connections to keep seniors nourished, active, learning, and living independently.



368,991

Total Meals Served
Lunch & Activity Centers **107,934**
Home Delivered Meals **261,057**

5,522

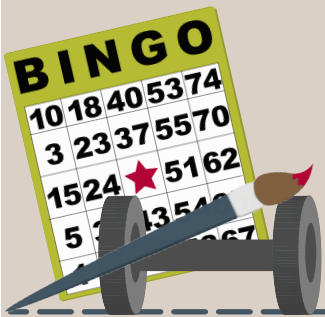
Aging Adults Served
Lunch & Activity Centers **1,947**
Home Delivered Meals **3,575**

Project FRESH

Each participant received \$20 worth to buy fresh produce at local Farmer's Markets.

Oceana County
65 low income seniors received **450** coupons and **92%** were redeemed

Muskegon County
327 low income seniors received **1,650** coupons and **79%** were redeemed



533

Aging Adults
Participated in at least **1** program or service at our **Wellness Center**

340

Senior Center Activities
Participants for **326** activities and **3** health promotion session

10,599

Senior Medical Transportation Rides
Provided by volunteers for **299** people traveling over **126,960** miles

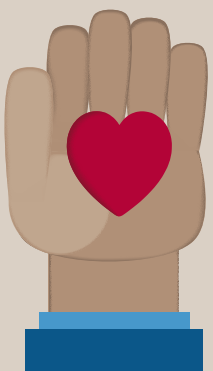


10,056

People
Reached by SafeSeniors with information and education about **Elder Justice** and how to report abuse, neglect, and financial exploitation

158

Elder Justice Cases
Investigated by the SafeSeniors team, providing support and seeking justice for victims



22,081

Volunteer Hours
Donated by **373** volunteers
Valued at **\$665,742!**
As of April 11, 2022, Independent Sector value of Volunteer Hour is: \$30.15



\$665,218

Contributions from Donors

6.9%

Our administrative rate



Program support comes from:





AgeWell Services of West Michigan
275 W. Clay Ave., Suite 100
Muskegon, MI 49440

WOULD YOU PREFER AN EMAIL VERSION OF THIS NEWSLETTER?

Is your name and mailing address correct?
Please contact Colleen G. Steinman with any changes:
Email: Colleen@agewellservices.org
Phone: 231-412-7966



Wish List

Each gift makes an impact. Meet a need by funding an item on our Wish List!

- Food Cart \$150 ea.
 - Up to five carts are needed for Lunch & Activity Centers to display and serve food and beverages.
- Ping Pong Table \$315
 - One indoor ping pong table with supplies for the recreation league at Tanglewood Park Wellness Center.
- Standing Whiteboards \$640
 - Four standing whiteboards for Lunch & Activity Centers to share menus, social activities and more.
- Sound System with Bluetooth \$2,000
 - A sound system with Bluetooth for fitness classes at Tanglewood Park Wellness Center.

To make a wish come true, contact Interim Advancement Director Jennifer Jordan at 231-733-8635 or via email at jennifer@agewellservices.org.