

MAY | 2023

Sandwich Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Turkey BLT Sandwich Fresh Fruit Carrot Raisin Salad 5	2 Tuna Salad Sandwich Three Bean Salad Peaches Apple Juice 6	3 Tomato Salami Sandwich Raisins Corn with Peppers 6	4 Ham & American Sandwich Fresh Fruit Carrot & Celery Sticks 6	5 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Fruit 5
8 PB & J Sandwich Tomato Basil Salad Fresh Fruit 6	9 Haystack Pork Peas & Cheese Applesauce 4	10 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6	11 Seafood Sub Corn with Peppers Fresh Fruit 8	12 Egg Salad Baked Beans Pears Orange Juice 6
15 Chicken Salad Wheat Croissant Potato Salad Fruit Yogurt 4	16 Meatloaf Sandwich Corn with Peppers Tropical Fruit 5	17 Bleu Moon Sandwich Carrot Raisin Salad Fresh Fruit 6	18 Mushroom Chicken Wrap Cucumbers Lemon Salad Tomato Basil Salad Fresh Fruit 5	19 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges 7
22 Tuna Salad Sandwich Raisins Creamy Cucumbers 6	23 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5	24 Roast Beef & Swiss Sandwich Fresh Fruit Fruited Yogurt Carrot & Celery Sticks 6	25 Chicken Fajita Wrap Ambrosia Corn w/Peppers Birthday Cake 7	26 Turkey BLT Sandwich Fresh Fruit Carrot Raisin Salad 5
29 AGEWELL CLOSED	30 Pastrami & Swiss Fruit Cocktail Fresh Fruit 6	31 Tomato & Salami Sandwich Raisins Corn W/Peppers 6	1	2 *** 1 carb count = 15g of carbohydrates

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended
Daily Allowance (RDA)**

**Meals Subject
to Change**

**5-25 Birthday Celebration
5-29 AgeWell Closed**



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