

APRIL | 2023

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Pork BBQ Hamburger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7</p>	<p>4 Chicken Cavatappi Garlic Bread Lima Beans Salad Applesauce 6</p>	<p>5 Tilapia Parsley Noodles Broccoli Coleslaw Peaches 4</p>	<p>6 Roast Beef & Gravy Mashed Potatoes Cali Blend Green Beans Fruited Yogurt Wheat Roll/Margarine 6</p>	<p>7 Pork Chop Suey White Rice Corn Squash Ambrosia Wheat Bread/Margarine 6</p>
<p>10 Scalloped Potatoes & Ham Mixed Veggies Fruit Cobbler Watermelon 7</p>	<p>11 Sloppy Joe Hamburger Bu Euro Blend Wax Beans Fresh Fruit 5</p>	<p>12 Spaghetti & Meat Sauce Garlic Bread Brussel Sprouts Carrots Fruited Jell-O 6</p>	<p>13 Oven Fried Fish Baked Potato Coleslaw Spiced Apples 6</p>	<p>14 Swedish Meatballs Egg Noodles Spinach Pineapple Tidbits Bread Pudding 7</p>
<p>17 Meatloaf & Gravy Mashed Potatoes Peas Normandy Veg Peaches Sweet Bread/ Margarine 5</p>	<p>18 Macaroni & Cheese Side Salad Asparagus Beets Fruit Crisp 7</p>	<p>19 Walking Taco Mexican Rice Corn W/Peppers Fresh Fruit 7</p>	<p>20 Oven Fried Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin/Margarine 6</p>	<p>21 Chicken Bowtie Pasta Carrot Raisin Salad Mixed Fruit Sweet Bread/Margarine 6</p>
<p>24 Polish Sausage Hotdog Bun Sauerkraut Asparagus Applesauce 4</p>	<p>25 Stuffed Chicken Rice Pilaf Corn Carrots Fresh Fruit 7</p>	<p>26 Citrus Salmon Brown Rice Green Beans Coleslaw Mandarin Oranges Wheat Roll/Margarine 6</p>	<p>27 Hamburger Wheat Bun Red Skin Potatoes Broccoli Pears Birthday Cake 7</p>	<p>28 Salisbury Steak & Gravy Mashed Potato Peas Fruit Cobbler Fruit Cocktail 8</p>

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended Daily
Allowance (RDA)**

**Meals Subject
to Change**

4-27 Birthday Celebration

*** 1 carb count = 15g of
carbohydrates



231-755-0434
800-442-6769

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