

# AUGUST | 2022

## Sandwich Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p><b>2</b> Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p><b>3</b> Chicken Fajita Wrap Ambrosia Corn w/peppers 6</p>	<p><b>4</b> Roast Beef &amp; Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 7</p>	<p><b>5</b> Tuna Salad Raisins Creamy Cucumbers 6</p>
<p><b>8</b> Tomato Salami Raisins Corn w/peppers 6</p>	<p><b>9</b> Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5</p>	<p><b>10</b> Pastrami &amp; Swiss Fruit Cocktail Fresh Orange 6</p>	<p><b>11</b> Turkey Onion Bun Fresh Fruit Baked Beans 6</p>	<p><b>12</b> Chicken Veg Sandwich Apple Side Salad 7</p>
<p><b>15</b> Grilled Chicken Raisins Creamy Cucumber 5</p>	<p><b>16</b> Chicken Burrito Corn W/Peppers Applesauce 7</p>	<p><b>17</b> Egg Salad Banana Coleslaw 6</p>	<p><b>18</b> Turkey Bagel Raisins Baked Beans 6</p>	<p><b>19</b> Beef and Bleu Wrap Pineapple Side Salad 6</p>
<p><b>22</b> Turkey BLT Apple Carrot Raisin Salad 5</p>	<p><b>27</b> Ham &amp; American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p><b>24</b> Tuna Salad Three Bean Salad Peaches Apple Juice 6</p>	<p><b>25</b> Tomato Salami Raisins Corn W/peppers Birthday Cake 7</p>	<p><b>26</b> Mush Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange 5</p>
<p><b>28</b> Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6</p>	<p><b>30</b> Seafood Sub Corn w/peppers Fresh Fruit 8</p>	<p><b>31</b> Haystack Pork Peas &amp; Cheese Applesauce 4</p>	<p><b>1</b></p>	<p>*** 1 carb count = 15g of carbohydrates</p>

**Menu includes  
Low Fat Milk**

**Meals include 1/3  
of the Recommended  
Daily Allowance (RDA)**

**Meals Subject  
to Change**

8-25 Birthday Celebration

**Reminder:**

Due to COVID-19 Delivery Drivers will

be taking precautions.

Please note drivers will:

-wear masks and sanitize between each delivery.

-leave meals on your patio or porch.

-knock or ring your doorbell to let you know your meal is there.

-will wait until they see you are home before leaving the meal.



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[www.agewellservices.org](http://www.agewellservices.org)