

# AUGUST | 2022

## Salad Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>1</b> Beef &amp; Bleu Salad Diced Peaches Dinner Roll/Marg. Orange Juice Bleu Cheese dressing 7</p>	<p><b>2</b> Crab Cobb Salad Fruit Cocktail Muffin &amp; Margarine FF Ranch Dressing 5</p>	<p><b>3</b> Walnut Pear Salad Carrot/Celery Sticks Fruited Yogurt FF Raspberry Vinaigrette 6</p>	<p><b>4</b> Oriental Chicken Salad Beets Fresh Fruit FF Ranch Dressing 5</p>	<p><b>5</b> Caprese Salad String Cheese Rye Bread/Margarine FF Italian Dressing 4</p>
<p><b>8</b> Ambrosia Carrot &amp; Celery Sticks Muffin w/ Margarine 7</p>	<p><b>9</b> Asian Sesame Salad Cherry Tomatoes Fresh Fruit Saltines FF Ranch Dressing 7</p>	<p><b>10</b> BLT Club Applesauce Dinner Roll Cucumber Slices FF French dressing 5</p>	<p><b>11</b> Power Salad Raisins Wheat Bread w/Margarine FF Ranch dressing 5</p>	<p><b>12</b> Orange Feta Salad Tropical Fruit Wheat Roll/Marg. FF Italian Dressing Apple Juice 7</p>
<p><b>15</b> Apple Almond Salad Carrot/Celery Sticks Dinner Roll/ Margarine 5</p>	<p><b>16</b> Strawberry Spinach Salad Cucumber Slices Raisins, FF Raspberry Vinaigrette 4</p>	<p><b>17</b> Loaded Spinach Fresh Orange Muffin FF French Dressing 5</p>	<p><b>18</b> Chicken Fruit Salad Cherry Tomatoes Wheat Bread/Marg. Apricots FF Ranch Dressing 4</p>	<p><b>19</b> Taco Salad Tortilla Chips Fresh Apple 6</p>
<p><b>22</b> Loaded Spinach Pears Rye Bread Banana FF French dressing 6</p>	<p><b>23</b> Chef Salad Pears Wheat Bread/Marg. FF Rasp. Vinaigrette. 5</p>	<p><b>24</b> Creamy Fruit Salad Carrot/Celery Sticks Sweet Bread 6</p>	<p><b>25</b> Turkey Ranch Pasta Cucumber Slices Raisins Birthday Cake 5</p>	<p><b>26</b> Buffalo Chicken Salad Mandarin Oranges Roll/Margarine FF Ranch Dressing 6</p>
<p><b>28</b> Southwest Salad Fruit Cocktail Wheat Bread/Margarine FF French dressing 5</p>	<p><b>30</b> Anti-pasta Salad Cherry Tomatoes Fruited Yogurt Crackers 7</p>	<p><b>31</b> Fresh Fruit Plate Cottage Cheese Sweet Bread/ Margarine 5</p>	<p><b>1</b></p>	<p>*** 1 carb count = 15g of carbohydrates</p>

**Menu includes  
Low Fat Milk**

**Meals include 1/3  
of the Recommended  
Daily Allowance (RDA)**

**Meals Subject  
to Change**

8-25 Birthday Celebration  
**Reminder:**  
Due to COVID-19 Delivery  
Drivers will  
be taking precautions.  
Please note drivers will:  
-wear masks and sanitize  
between  
each delivery.  
-leave meals on your  
patio or porch.  
-knock or ring your  
doorbell to let you know  
your meal is there.  
-will wait until they see  
you are home before  
leaving the meal.

  
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SERVICES 231-755-0434  
800-442-6769  
www.agewellservices.org