

AUGUST | 2022

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Battered Fish Baked Potato Coleslaw Spiced Apples 6</p>	<p>2 Spaghetti/Meat Sauce Garlic Bread Brussels Sprouts Carrots Fruited Jell-O 7</p>	<p>3 Sloppy Joe/Wheat Bun Euro Blend Wax Beans Fresh Fruit 5</p>	<p>4 Scalloped Potato W/ Ham Mixed Veggies Fruited Cobbler Watermelon 7</p>	<p>5 Swedish Meatballs Noodles Spinach Pineapple Tidbits Bread Pudding 7</p>
<p>8 Homemade Macaroni & Cheese Side Salad Asparagus, Beets Diced Pears 5</p>	<p>9 Chicken Bowtie Pasta Carrot Raisin Salad Mixed Fruit Sweet Bread 6</p>	<p>10 Meatloaf/Gravy Mashed Potato Peas Normandy Veg Peaches, Sweet Bread W/Margarine 5</p>	<p>11 Walking Taco Mexican Rice Corn with Peppers Fresh Fruit 7</p>	<p>12 Oven Fried Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Corn Muffin/Margarine 6</p>
<p>15 Citrus Salmon Brown Rice Green Beans Coleslaw Mandarin Oranges Wheat Bread/Margarine 6</p>	<p>16 Salisbury Steak/Gravy Mashed Potato Peas Fruit Cobbler Fruit Cocktail 8</p>	<p>17 Stuffed Chicken Rice Pilaf Corn Carrots Fresh Fruit 7</p>	<p>18 Hamburger Hamburger Bun Red Skin Potatoes Broccoli Diced Pears 6</p>	<p>19 Polish Sausage Hot Dog Bun Sauerkraut Asparagus Applesauce 4</p>
<p>22 Pork Chops & Gravy Mashed Potatoes Corn, Peaches Wheat Bread & Margarine 5</p>	<p>23 Bourbon Chicken White Rice Winter Squash Three Bean Salad Fruit Crisp 8</p>	<p>24 Chicken Wings Baked Potato Sautéed Cabbage Tomato Salad Fruited Jell-O 5</p>	<p>25 S & S Meatballs White Rice Wax Beans Spinach Ambrosia Birthday Cake 7</p>	<p>26 Hot Dog Hot Dog Bun Peas Cauliflower Fresh Fruit Fig Newton 6</p>
<p>29 Cabbage Roll Au Gratin Potatoes Peas & Carrots Mandarin Oranges Chocolate Pudding 6</p>	<p>30 Frittata Red Skin Potatoes Succotash Apricots 6</p>	<p>31 Chicken Salad Wheat Croissant Coleslaw Mandarin Oranges 6</p>	<p>1</p>	<p>*** 1 carb count = 15g of carbohydrates</p>

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended
Daily Allowance (RDA)**

**Meals Subject
to Change**

8-25 Birthday Celebration

Reminder:

Due to COVID-19 Delivery Drivers will be taking precautions. Please note drivers will:

- wear masks and sanitize between each delivery.
- leave meals on your patio or porch.
- knock or ring your doorbell to let you know your meal is there.
- will wait until they see you are home before leaving the meal.

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