

JUNE | 2022

Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30 *** 1 carb count = 15g of carbohydrates	31	1 carb count = 6 Tomato Salami Raisins Corn W/peppers	2 carb count = 6 Ham & American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks	3 carb count = 5 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange
6 carb count = 6 Egg Salad Baked Beans Diced Pears Orange Juice	7 carb count = 6 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O	8 carb count = 8 Seafood Sub Corn w/peppers Fresh Fruit	9 carb count = 4 Haystack Pork Peas & Cheese Applesauce	10 carb count = 6 PB & J Sandwich Tomato Basil Salad Fresh Apple
13 carb count = 4 Chicken Salad Croissant Potato Salad Fruited Yogurt	14 carb count = 5 Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange	15 carb count = 5 Meatloaf Corn w/peppers Tropical Fruit	16 carb count = 6 Blue Moon Carrot Raisin Salad Fresh Fruit	17 carb count = 7 Pizza Sub Raisin Box Carrot & Celery Sticks Mandarin Oranges
20 carb count = 5 Bistro Sandwich Fruited Jell-O Marinated Cucumbers	21 carb count = 5 Turkey BLT Fresh Apple Carrot Raisin Salad	22 carb count = 6 Chicken Fajita Wrap Ambrosia Corn w/peppers	23 carb count = 7 Roast Beef & Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks Birthday Cake	24 carb count = 6 Tuna Salad Raisins Creamy Cucumbers
27 carb count = 6 Tomato Salami Raisins Corn w/peppers	28 carb count = 5 Southwest Wrap Tropical Fruit Carrot/Celery Sticks	29 carb count = 6 Pastrami & Swiss Fruit Cocktail Fresh Orange	30 carb count = 6 Turkey Onion Bun Fresh Fruit Baked Beans	1

**Menu includes
Low Fat Milk**

**Meals include 1/3
of the Recommended
Daily Allowance (RDA)**

**Meals Subject
to Change**

6-23 Birthday Celebration

Reminder:

Due to COVID-19
Delivery Drivers will
be taking precautions.
Please note drivers will:

- wear masks and sanitize between each delivery.
- leave meals on your patio or porch.
- knock or ring your doorbell to let you know your meal is there.
- will wait until they see you are home before leaving the meal.


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