

# MAY | 2022

## Sandwich Menu



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

<p><b>2</b> Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange 5</p>	<p><b>3</b> Blue Moon Carrot Raisin Salad Fresh Fruit 6</p>	<p><b>4</b> Chicken Salad Croissant Potato Salad Fruited Yogurt 4</p>	<p><b>5</b> Meatloaf Corn w/peppers Tropical Fruit 5</p>	<p><b>6</b> Pizza Sub Raisin Box Carrot &amp; Celery Sticks Mandarin Oranges 7</p>
<p><b>9</b> Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p><b>10</b> Chicken Fajita Wrap Ambrosia Corn w/peppers 6</p>	<p><b>11</b> Roast Beef &amp; Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p><b>12</b> Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p><b>13</b> Tuna Salad Raisins Creamy Cucumbers 6</p>
<p><b>16</b> Chicken Veg Wrap Fresh Apple Side Salad 7</p>	<p><b>17</b> Turkey Onion Bun Fresh Fruit Baked Beans 6</p>	<p><b>18</b> Pastrami &amp; Swiss Fruit Cocktail Fresh Orange 6</p>	<p><b>19</b> Tomato Salami Raisins Corn w/peppers 6</p>	<p><b>20</b> Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5</p>
<p><b>23</b> Grilled Chicken Raisins Creamy Cucumbers 5</p>	<p><b>24</b> Egg Salad Fresh Fruit Coleslaw 6</p>	<p><b>25</b> Beef &amp; Bleu Wrap Pineapple Side Salad 6</p>	<p><b>26</b> Chicken Burrito Corn w/peppers Applesauce Birthday Cake 8</p>	<p><b>27</b> Turkey Bagel Raisins Baked Beans 6</p>
<p><b>30</b> AgeWell Closed</p>	<p><b>31</b> Tuna Salad Three Bean Salad Diced Peaches Apple Juice 6</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>**</b>The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>

### Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

### Meals Subject to Change

5-26 Birthday Celebration  
5-30 AgeWell Closed

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
  - Drivers will leave meals on your patio or porch
  - They will knock or ring your doorbell to let you know your meal is there
- They will wait until they see you are home before leaving the meal

**AgeWell**  
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