

# APRIL | 2022

## Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	31	1
*** 1 carb count = 15g of carbohydrates				
4 carb count = 7 Chicken Veg Wrap Fresh Apple Side Salad	5 carb count = 6 Turkey Onion Bun Fresh Fruit Baked Beans	6 carb count = 6 Pastrami & Swiss Fruit Cocktail Fresh Orange	7 carb count = 6 Tomato Salami Raisins Corn w/peppers	8 carb count = 5 Southwest Wrap Tropical Fruit Carrot/Celery Sticks
11 carb count = 5 Grilled Chicken Raisins Creamy Cucumbers	12 carb count = 7 Chicken Burrito Corn w/peppers Applesauce	13 carb count = 6 Egg Salad Fresh Fruit Coleslaw	14 carb count = 6 Beef & Bleu Wrap Pineapple Side Salad	15 carb count = 6 Turkey Bagel Raisins Baked Beans
18 carb count = 5 Turkey BLT Fresh Apple Creamy Cucumber	19 carb count = 6 Tuna Salad Three Bean Salad Diced Peaches Apple Juice	20 carb count = 6 Tomato Salami Raisins Corn W/peppers	21 carb count = 6 Ham & American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks	22 carb count = 5 Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange
25 carb count = 6 Egg Salad Baked Beans Diced Pears Orange Juice	26 carb count = 8 Seafood Sub Corn w/peppers Fresh Fruit	27 carb count = 6 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O	28 carb count = 5 Haystack Pork Peas & Cheese Applesauce Birthday Cake	29 carb count = 6 PB & J Sandwich Tomato Basil Salad Fresh Apple

**Menu includes  
Low Fat Milk**

**Meals include 1/3  
of the Recommended  
Daily Allowance (RDA)**

**Meals Subject  
to Change**

4-28 Birthday Celebration

**Reminder:**

Due to COVID-19  
Delivery Drivers will  
be taking precautions.  
Please note drivers will:

- wear masks and  
sanitize between  
each delivery.
- leave meals on your  
patio or porch.
- knock or ring your  
doorbell to let you  
know your meal is  
there.
- will wait until they see  
you are home before  
leaving the meal.

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