

# SEPTEMBER | 2021



## Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>20</b> ***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>	<p><b>31</b></p>	<p><b>1</b> Chicken Fajita Wrap Ambrosia Corn w/Peppers 6</p>	<p><b>2</b> Roast Beef &amp; Swiss Fresh Fruit Fruit Yogurt Carrot/Celery Sticks 6</p>	<p><b>3</b> Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>
<p><b>6</b> AGEWELL CLOSED</p>	<p><b>7</b> Turkey Onion Bun Fresh Fruit Baked Beans 6</p>	<p><b>8</b> Pastrami &amp; Swiss Fruit Cocktail Fresh Orange 6</p>	<p><b>9</b> Tomato Salami Raisins Corn w/Peppers 6</p>	<p><b>10</b> Southwest Wrap Tropical Fruit Carrot/Celery Sticks 5</p>
<p><b>13</b> Grilled Chicken Sandwich Raisins Creamy Cucumber 5</p>	<p><b>14</b> Chicken Burrito Corn w/Peppers Applesauce 7</p>	<p><b>15</b> Egg Salad Banana Coleslaw 6</p>	<p><b>16</b> Beef &amp; Bleu Wrap Pineapple Side Salad 6</p>	<p><b>17</b> Turkey Bagel Raisins Baked Beans 6</p>
<p><b>20</b> Turkey BLT Fresh Fruit Carrot Raisin Salad 5</p>	<p><b>21</b> Tuna Salad Three Bean Salad Peaches Apple Juice 6</p>	<p><b>22</b> Tomato Salami Raisins Corn w/Peppers 6</p>	<p><b>23</b> Ham &amp; American Fresh Fruit Fruit Yogurt Carrot/Celery Sticks Birthday Cake 7</p>	<p><b>24</b> Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Fruit 5</p>
<p><b>27</b> Egg Salad Baked Beans Pears Orange Juice 6</p>	<p><b>28</b> Seafood Sub Corn w/peppers Fresh Fruit 8</p>	<p><b>29</b> Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6</p>	<p><b>30</b> Haystack Pork Peas &amp; Cheese Applesauce 4</p>	<p><b>1</b></p>

### Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change  
9-23 Birthday Celebration

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal



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