

# JUNE | 2021

## Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>31</b> AgeWell Closed</p>	<p><b>1</b> Grilled Chicken Wrap Raisins Creamy Cucumbers 5</p>	<p><b>2</b> Chicken Burrito Corn W/peppers Applesauce 7</p>	<p><b>3</b> Egg Salad Fresh Fruit Coleslaw 6</p>	<p><b>4</b> Beef &amp; Bleu Wrap Pineapple Side Salad 6</p>
<p><b>7</b> Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p><b>8</b> Tuna Salad Three Bean Salad Peaches Apple Juice 6</p>	<p><b>9</b> Tomato Salami Raisins Corn w/Peppers 6</p>	<p><b>10</b> Ham &amp; American Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p><b>11</b> Mush Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange 5</p>
<p><b>14</b> Egg Salad Baked Beans Pears Orange Juice 6</p>	<p><b>15</b> Seafood Sub Corn W/Peppers Fresh Fruit 8</p>	<p><b>16</b> Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6</p>	<p><b>17</b> Haystack Pork Peas &amp; Cheese Applesauce 4</p>	<p><b>18</b> PB &amp; J Tomato Basil Salad Fresh Apples 6</p>
<p><b>21</b> Chicken Salad Croissant Potato Salad Fruited Yogurt 4</p>	<p><b>22</b> Meatloaf Sandwich Corn W/Peppers Tropical Fruit 5</p>	<p><b>23</b> Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange 5</p>	<p><b>24</b> Blue Moon Carrot Raisin Salad Fresh Fruit Birthday Cake 7</p>	<p><b>25</b> Pizza Sub Raisin Box Carrot/Celery Sticks Mandarin Oranges 7</p>
<p><b>28</b> Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p><b>29</b> Chicken Fajita Wrap Ambrosia Corn W/Peppers 6</p>	<p><b>30</b> Roast Beef &amp; Swiss Fresh Fruit Fruited Yogurt Carrot/Celery Sticks 6</p>	<p><b>1</b></p>	<p><b>2</b> **The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>

### Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change  
6-24 Birthday Celebration

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal



(231) 755-0434  
Toll free: 1-800-442-6769  
www.agewellservices.org