

MAY | 2021

Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Egg Salad Baked Beans Pears Orange Juice 6</p>	<p>4 Seafood Sub Corn W/Peppers Fresh Fruit 8</p>	<p>5 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6</p>	<p>6 Haystack Pork Peas & Cheese Applesauce 4</p>	<p>7 PB & J Tomato Basil Salad Fresh Apples 6</p>
<p>10 Chicken Salad Croissant Potato Salad Fruited Yogurt 4</p>	<p>11 Meatloaf Sandwich Corn W/Peppers Tropical Fruit 5</p>	<p>12 Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange 5</p>	<p>13 Blue Moon Carrot Raisin Salad Banana 6</p>	<p>14 Pizza Sub Raisin Box Carrot/Celery Sticks Mandarin Oranges 7</p>
<p>17 Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p>18 Chicken Fajita Wrap Ambrosia Corn W/Peppers 6</p>	<p>19 Roast Beef & Swiss Banana Fruited Yogurt Carrot/Celery Sticks 6</p>	<p>20 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p>21 Tuna Salad Peaches Three Bean Salad Peaches Apple Juice 6</p>
<p>24 Chicken Veg Pita Apple Side Salad 7</p>	<p>25 Turkey on an Onion Bun Banana Baked Beans 6</p>	<p>26 Pastrami & Swiss Fruit Cocktail Fresh Orange 6</p>	<p>27 Tomato & Salami Raisins Corn w/Peppers Birthday Cake 7</p>	<p>28 Southwest Wrap Tropical Fruit Carrot & Celery 6</p>
<p>31 AgeWell Closed</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>**The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

5-27 Birthday Celebration
5-31 AgeWell Closed

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal



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