

APRIL | 2021

Sandwich Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>	<p>30</p>	<p>31</p>	<p>1 Blue Moon Carrot Raisin Salad Banana 6</p>	<p>2 Meatloaf Sandwich Corn W/Peppers Tropical Fruit 5</p>
<p>5 Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p>6 Chicken Fajita Wrap Ambrosia Corn W/Peppers 6</p>	<p>7 Roast Beef & Swiss Banana Fruited Yogurt Carrot/Celery Sticks 6</p>	<p>8 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p>9 Tuna Salad Peaches Three Bean Salad Peaches Apple Juice 6</p>
<p>12 Chicken Veg Pita Apple Side Salad 7</p>	<p>13 Turkey on an Onion Bun Banana Baked Beans 6</p>	<p>14 Pastrami & Swiss Fruit Cocktail Fresh Orange 6</p>	<p>15 Tomato & Salami Raisins Corn w/Peppers 6</p>	<p>16 Southwest Wrap Tropical Fruit Carrot & Celery 6</p>
<p>19 Grilled Chicken Raisins Creamy Cucumber 5</p>	<p>20 Chicken Burrito Corn w/Peppers Applesauce 7</p>	<p>21 Egg Salad Banana Coleslaw 6</p>	<p>22 Beef & Bleu Wrap Pineapple Side Salad Birthday Cake 7</p>	<p>23 Turkey Bagel Raisins Baked Beans 6</p>
<p>26 Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p>27 Tuna Salad Three Bean Salad Peaches Apple Juice 6</p>	<p>28 Tomato Salami Raisins Corn with Peppers 6</p>	<p>29 Mush Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange 5</p>	<p>30 Ham and American Banana Yogurt Carrot & Celery Sticks 6</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change
4-22 Birthday Celebration

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal



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