

APRIL | 2021

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>28 ***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>	<p>30</p>	<p>31</p>	<p>1 Spaghetti W/Meat Sauce Garlic Bread Brussel Sprouts Carrots Fruited Jell-O 6</p>	<p>2 Ale Battered Fish Baked Potato Coleslaw Spiced Apples 6</p>
<p>5 Chicken Bowtie Pasta Carrot Raisin Salad Mixed Fruit Sweet Bread 6</p>	<p>6 Macaroni & Cheese Side Salad Asparagus Beets Fruit Crisp 7</p>	<p>7 Oven Fried Chicken Red Skin Potatoes Sautéed Cabbage Applesauce Corn Muffin & Margarine 6</p>	<p>8 Walking Taco Mexican Rice Corn W/ Peppers Fresh Fruit 7</p>	<p>9 Meatloaf/Gravy Mashed Potato Peas Normandy Veggies Peaches Sweet Bread & Margarine 5</p>
<p>12 Citrus Salmon Brown Rice Green Beans Beets Mandarin Orange's Wheat Bread/Margarine 6</p>	<p>13 Salisbury Steak/Gravy Mashed Potato Peas Fruit Cobbler Fruit Cocktail 8</p>	<p>14 Hamburger Wheat Hamburger Bun Red Skin Potato Broccoli Pears 6</p>	<p>15 Stuffed Chicken Rice Pilaf Corn Carrots Fresh Fruit 7</p>	<p>16 Polish Sausage Hotdog Bun Sauerkraut Asparagus Applesauce 4</p>
<p>19 S&S Meatballs Ambrosia Wax Beans Spinach Ambrosia Roll/Margarine 7</p>	<p>20 Pork Chops W/Gravy Mashed Potatoes Peas Peaches Wheat Bread/Margarine 4</p>	<p>21 Bourbon Chicken White Rice Winter Squash Carrot Raisin Salad Fruit Crisp 8</p>	<p>22 Chicken Wings Baked Potato Sautéed Cabbage Tomato Salad Fruited Jell-O Birthday Cake 6</p>	<p>23 Hotdog Hotdog Bun Peas Cauliflower Fresh Fruit Fig Newton 6</p>
<p>26 Quiche Red Skin Potatoes Succotash Apricots 6</p>	<p>27 Chicken Salad Wheat Croissant Coleslaw Mandarin Oranges 6</p>	<p>28 Sliced Ham Sweet Potatoes Peas Pineapple Tidbits Banana Pudding</p>	<p>29 Cabbage Roll Au Gratin Potatoes Peas & Carrots Applesauce Wheat Bread/Margarine 6</p>	<p>30 Chicken Diane White Rice Asparagus Beets Fresh Fruit 5</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

4-22 Birthday Celebration

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal



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