

NOVEMBER | 2020



Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tomato Salami Raisins Corn with Peppers 6	3 Ham and American Banana Yogurt Carrot & Celery Sticks 6	4 Turkey BLT Fresh Apple Carrot Raisin Salad 5	5 Tuna Salad Three Bean Salad Peaches Apple Juice 6	6 Beef & Bleu Wrap Pineapple Side Salad 6
9 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6	10 Haystack Pork Pea & Cheese Salad Applesauce 4	11 Egg Salad Baked Beans Pears Orange Juice 6	12 PB & J Tomato Basil Salad Fresh Apple 6	13 Seafood Sub Corn with peppers Banana 8
16 Bleu Moon Carrot Raisin Salad Banana 6	17 Mushroom Chicken Wrap Cucumber Lemon Tomato Basil Salad Fresh Orange 5	18 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges 7	19 Chicken Salad on a Croissant Potato Salad Fruited Yogurt Birthday Cake 6	20 Meatloaf Corn with Peppers Tropical Fruit 5
23 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5	24 Turkey BLT Carrots Raisin Salad Fresh Apple 5	25 Roast Beef & Swiss Banana Yogurt Carrot & Celery Sticks 6	26 AGEWELL CLOSED	27 AGEWELL CLOSED
30 Turkey on an Onion Bun Banana Baked Beans 6	1	2	***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates	

Menu

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily
Allowance (RDA)

Meals Subject to Change
Nov. 19 -Birthday Celebration

Reminder: Due to
COVID-19 Delivery
Drivers will be taking
precautions. Please
note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there

They will wait until they see you are home before leaving the meal