

AUGUST | 2020

Sandwich Menu




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Turkey Bagel Raisins Baked Beans 6	4 Grilled Chicken Raisins Creamy Cucumbers 5	5 Chicken Burrito Corn with Peppers Applesauce 7	6 Egg Salad Banana Coleslaw 6	7 Beef & Bleu Wrap Pineapple Side Salad 6
10 Ham and American Banana Yogurt Carrot & Celery Sticks 6	11 Tomato Salami Raisins Corn with Peppers 6	12 Turkey BLT Fresh Apple Carrot Raisin Salad 5	13 Beef & Bleu Wrap Pineapple Side Salad 6	14 Tuna Salad Three Bean Salad Peaches Apple Juice 6
17 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6	18 Haystack Pork Pea & Cheese Salad Applesauce 4	19 Egg Salad Baked Beans Pears Orange Juice 6	20 PB & J Tomato Basil Salad Fresh Apple 6	21 Seafood Sub Corn with peppers Banana 8
24 Bleu Moon Carrot Raisin Salad Banana 6	25 Mushroom Chicken Wrap Cucumber Lemon Tomato Basil Salad Fresh Orange 5	26 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges 7	27 Chicken Salad on a Croissant Potato Salad Fruited Yogurt Birthday Cake 6	28 Meatloaf Corn with Peppers Tropical Fruit 5
31 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5	1	2	3  (231) 755-0434 Toll free: 1-800-442-6769 www.agewellservices.org	4 ***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates

Menu

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily
Allowance (RDA)

Meals Subject to Change

Aug.27-Birthday Celebration

Reminder: Due to
COVID-19 Delivery
Drivers will be taking
precautions. Please
note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there
- They will wait until they see you are home before leaving the meal