

AUGUST | 2020

Sandwich Menu-Sites



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Turkey Bagel Raisins Baked Beans 6</p>	<p>4</p>	<p>5 Chicken Burrito Corn with Peppers Applesauce 7</p>	<p>6</p>	<p>7 Beef & Bleu Wrap Pineapple Side Salad 6</p>
<p>10 Ham and American Banana Yogurt Carrot & Celery Sticks 6</p>	<p>11</p>	<p>12 Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p>13</p>	<p>14 Tuna Salad Three Bean Salad Peaches Apple Juice 6</p>
<p>17 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O 6</p>	<p>18</p>	<p>19 Egg Salad Baked Beans Pears Orange Juice 6</p>	<p>20</p>	<p>21 Seafood Sub Corn with peppers Banana 8</p>
<p>24 Bleu Moon Carrot Raisin Salad Banana 6</p>	<p>25</p>	<p>26 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges 7</p>	<p>27</p>	<p>28 Meatloaf Corn with Peppers Tropical Fruit 5</p>
<p>31 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4**The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>


 (231) 755-0434
 Toll free: 1-800-442-6769
 www.agewellservices.org

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

Special Events

Aug. 27 Birthday Celebration

Reminders for picking up To-Go meals:

If your pickup location is inside, please always wear a mask

Please do not pick up a meal if you have any symptoms of COVID-19 Please practice social distancing and wash or sanitize hands regularly

Thank you for respecting and keeping our employees and volunteers safe and healthy!