

AUGUST | 2020

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Bourbon Chicken White Rice Winter Squash Three Bean Salad Fruit Crisp 8	4 Pork Chops & Gravy Mashed Potato Corn Peaches Wheat Bread/Margarine 7	5 Hotdog W/Bun Peas Cauliflower Fresh Fruit Fig Newton 6	6 Chicken Wings Potato Sautéed Cabbage Tomato Salad Fruited Jell-O 5	7 S&S Meatballs White Rice Wax Beans Spinach Ambrosia Dinner Roll/Margarine 7
10 Quiche Red Roasted Potatoes Succotash Apricots 6	11 Chicken Salad Wheat Croissant Coleslaw Mandarin Oranges 6	12 Cabbage Rolls Au Gratin Potatoes Peas & Carrots Applesauce Banana Pudding 6	13 Chicken Diane White Rice Asparagus Beets Fresh Fruit 5	14 Sliced Ham Sweet potatoes Peas Pineapple Tidbits Wheat Bread/Margarine 7
17 Pork BBQ Wheat Burger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7	18 Chicken Cavatappi Garlic Bread Lima Beans Salad Applesauce 6	19 Roast Beef with Gravy Mashed Potatoes Cali Blend Green Beans Fruited Yogurt Dinner Roll/Margarine 6	20 Tilapia Parsley Noodles Broccoli Coleslaw Peaches 4	21 Pork Chop Suey White Rice Corn Squash Ambrosia Wheat Bread/Margarine 6
24 Sloppy Joe Wheat Burger Bun Euro Blend Wax Beans Fresh Fruit 5	25 Scalloped Potato W/ Ham Mixed Veggies Fruit Cobbler Watermelon 7	26 Spaghetti & Meat Sauce Garlic Bread Brussel Sprouts Carrots Fruited Jell-O 6	27 Oven Fried Fish Potato Coleslaw Spiced Apples Birthday Cake 7	28 Swedish Meatballs Noodles Spinach Pineapple Tidbits Bread Pudding 7
31 Chicken Bowtie Pasta Carrot Raisin Salad Mixed Fruit Sweet Bread 6	1	2	3  (231) 755-0434 Toll free: 1-800-442-6769 www.agewellservices.org	4 ***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change
Aug.27-Birthday Celebration

Reminder: Due to COVID-19 Delivery Drivers will be taking precautions. Please note:

- Drivers will wear masks and sanitize between each delivery
- Drivers will leave meals on your patio or porch
- They will knock or ring your doorbell to let you know your meal is there
- They will wait until they see you are home before leaving the meal