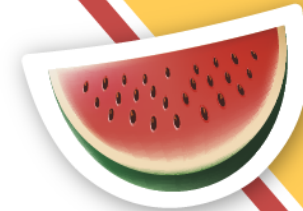


JUNE | 2019

Salad Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Cottage Cheese with Fruit Cherry tomatoes Yogurt Crackers 6</p>	<p>4 Ranch Pasta Salad Cucumber Slices Fresh Orange 7</p>	<p>5 Calypso Salad Peaches Wheat Roll FF Raspberry Vinaigrette 6</p>	<p>6 Cobb Salad Fresh Banana Muffin French dressing 5</p>	<p>7 Crab Pasta Salad Carrots and Celery Sticks Raisins 7</p>
<p>10 Caprese Salad String Cheese Rye Bread Margarine Fat Free Italian Dressing 4</p>	<p>11 Beef & Bleu Salad Peaches Wheat Roll Orange Juice Bleu Cheese Dressing 6</p>	<p>12 Oriental Chicken Beets Banana Sesame Ginger Dressing 5</p>	<p>13 Walnut Pear Salad Carrot & Celery Sticks Yogurt Fat Free Raspberry Vinaigrette 6</p>	<p>14 Crab Cobb Salad Fruit Cocktail Muffin Margarine Fat Free Ranch Dressing 5</p>
<p>17 Asian Sesame Ginger Cherry Tomatoes Banana Saltine Crackers Sesame Ginger Dressing 6</p>	<p>18 Orange Feta Salad Tropical Fruit Wheat Roll Margarine Apple Juice Italian Dressing 7</p>	<p>19 Power Salad Raisins Wheat Bread Margarine Ranch Dressing 5</p>	<p>20 BLT Club Salad Applesauce Dinner Roll Cucumber Slices French dressing 5</p>	<p>21 Ambrosia Salad Carrot & Celery Sticks Muffin & Margarine 7</p>
<p>24 Apple Almond Salad Carrot and Celery Sticks Roll 5</p>	<p>25 Strawberry Spinach Cucumber Slices Raisins Fat Free Raspberry Vinaigrette 4</p>	<p>26 Chicken Fruit Salad Cherry Tomatoes Wheat Bread Margarine Apricots FF Ranch Dressing 4</p>	<p>27 Taco Salad Tortilla Chips Fresh Apple Taco Sauce Birthday Cake 7</p>	<p>28 Loaded Spinach Fresh Orange Muffin Fat Free French Dressing 4</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

Special Events

June 27: Birthday Party

***The Numbers reflect the carb count for each meal.

1 carb count = 15g of carbohydrates



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