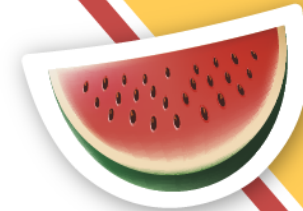


JUNE | 2019

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Sliced Ham Sweet Potatoes Peas Pineapple Tidbits Wheat Bread & Margarine 7</p>	<p>4 Quiche Red Skin Potatoes Succotash Apricots 6</p>	<p>5 Chicken Salad Wheat Croissant Coleslaw Mandarin Oranges 6</p>	<p>6 Cabbage Roll Au Gratin Potatoes Peas & Carrots Applesauce 6</p>	<p>7 Chicken Diane White Rice Green Beans Beets Fresh Fruit 5</p>
<p>10 Pork BBQ Wheat Hamburger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7</p>	<p>11 Chicken Cavatappi Garlic Bread Lima Beans Salad Applesauce 6</p>	<p>12 Pork Chop Suey White Rice Corn Squash Ambrosia Wheat Bread/Margarine 6</p>	<p>13 Tilapia Parsley Noodles Broccoli Coleslaw Peaches 4</p>	<p>14 Roast beef & Gravy Mashed Potatoes Cali Blend Green Beans Fruited Yogurt Dinner Roll/Margarine 6</p>
<p>19 Spaghetti & Meat Sauce Garlic Bread Brussels sprouts Carrots Fruited Jell-O 6</p>	<p>18 Sloppy Joe Wheat Hamburger Bun Euro Blend Wax Beans Fresh Fruit 5</p>	<p>15 Scalloped Potatoes with Ham Mixed Vegetables Cobbler Fruited Yogurt 8</p>	<p>20 Ale Battered Fish Potatoes Coleslaw Spiced Apples 6</p>	<p>21 Swedish Meatballs Noodles Spinach Pineapple Tidbits Bread Pudding 7</p>
<p>24 Chicken Bowtie Pasta Carrot Raisin Salad Mixed Fruit Sweet Bread 6</p>	<p>25 Homemade Mac and Cheese Asparagus Diced Beets Fruit Crisp 7</p>	<p>26 Old Fashioned Meat Loaf Mashed Potato Peas Normandy Veggies Peaches Sweet Bread 5</p>	<p>27 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce Birthday Cake 6</p>	<p>28 Walking Taco Mexican Rice Corn & Peppers Fresh Fruit 7</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily
Allowance (RDA)

Meals Subject to Change

Special Events

June 27: Birthday Party

***The Numbers reflect
the carb count for each
meal.

1 carb count = 15g of
carbohydrates



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