

APRIL | 2019

Main Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Old Fashioned Meat Loaf Mashed Potato Peas Normandy Veggies Peaches Sweet Bread 5</p>	<p>2 Crispy Baked Chicken Red Roasted Potatoes Sautéed Cabbage Applesauce 5</p>	<p>3 Walking Taco Mexican Rice Corn & Peppers Fresh Fruit 7</p>	<p>4 Sliced Turkey & Gravy Stuffing Green Beans California Veggies Cranberry Sauce 7</p>	<p>5 Homemade Mac and Cheese Side Salad Diced Beets Pears 5</p>
<p>8 Peas Soup & Ham Cauliflower Corn Ambrosia 6</p>	<p>9 Salisbury steak Mashed Potatoes Peas Cobbler Fruit Cocktail 8</p>	<p>10 Hamburger on a Bun Baked Beans Broccoli Diced Pears 6</p>	<p>11 Stuffed Chicken Rice Pilaf Green Beans Carrots Fresh Fruit 6</p>	<p>12 Citrus Salmon Brown Rice Lima Beans Coleslaw Mandarin Oranges 6</p>
<p>15 Sweet Sour Meatballs White Rice Wax Beans Spinach Ambrosia Dinner Roll & Margarine 7</p>	<p>16 Pork Chops & Gravy Mashed Potato Peas Peaches Wheat Bread & Margarine 4</p>	<p>17 Bourbon Chicken White Rice Winter Squash Carrot Raisin Salad Fruit Crisp 8</p>	<p>18 BBQ Wings Potatoes Sautéed Cabbage Tomato Salad Fruited Jell-O 5</p>	<p>19 Cheese Lasagna Garlic Bread Cauliflower Fresh Fruit Fig Newton 7</p>
<p>22 Sliced Ham Sweet Potatoes Peas Pineapple Tidbits Wheat Bread & Margarine 7</p>	<p>23 Chicken Diane White Rice Green Beans Beets Fresh Fruit 5</p>	<p>24 Chicken Salad Wheat Croissant Coleslaw Mandarin Oranges 6</p>	<p>25 Cabbage Roll Au Gratin Potatoes Peas & Carrots Applesauce Birthday Cake 6</p>	<p>26 Quiche Red Skin Potatoes Succotash Apricots 6</p>
<p>29 Pork BBQ Wheat Hamburger Bun Baked Beans Wax Beans Tropical Fruit String Cheese 7</p>	<p>30 Chicken Cavatappi Garlic Bread Lima Beans Salad Applesauce 6</p>	<p>1</p>	<p>2</p>	<p>3 ***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>

Menu

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily
Allowance (RDA)

Meals Subject to Change

Special Events

April 21: Easter
Sunday

April 25: Birthday
Celebration



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