

JULY | 2017

Salad Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BLT Club Applesauce Roll Cucumber Slices French Dressing 5	4 CLOSED	5 Ambrosia Carrot & Celery Sticks Muffin 7	6 Orange Feta Tropical Fruit Roll Apple Juice Italian Dressing 7	7 Asian Ginger Cherry Tomatoes Banana Crackers Sesame Ginger Dressing 7
10 Taco Salad Tortilla Chips Fresh Apple Taco Sauce 6	11 Chicken Fruit Cherry Tomatoes Bread Apricots Ranch Dressing 4	12 Loaded Spinach Fresh Orange Muffin 5	13 Strawberry Spinach Cucumber Slices Raisins Raspberry Vinaigrette Dressing 4	14 Apple Almond Salad Carrot & Celery Sticks Roll 5
17 Turkey Ranch Pasta Cucumber Slices Raisins 4	18 Creamy Fruit Carrot & Celery Sticks Sweet Bread 6	19 Buffalo Chicken Mandarin Oranges Roll Ranch Dressing	20 Chef Salad Pears Bread Raspberry Vinaigrette Dressing 5	21 Loaded Spinach Peaches Rye Bread Banana French Dressing 6
24 Antipasta Cherry Tomatoes Yogurt Crackers 7	25 Southwest Fruit Cocktail Bread French Dressing 5	26 Fresh Fruit Plate Cottage Cheese Sweet Bread 5	27 Chicken Spinach Pineapple 3-Bean Salad Ranch Dressing 4	28 Caramel Apple Carrot & Celery Sticks Beets Orange Juice 6
31 Crab Pasta Carrot & Celery Sticks Raisins 7			***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates	

MENU

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily Allowance
(RDA)

Meals Subject to Change

Special Events

July 4: Closed for
Independence Day

July 20: Independence
Day Party

July 27: Birthday
Celebration



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