



JUNE | 2018

Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>				<p>1 Haystack Pork Pea & Cheese Salad Applesauce 4</p>
<p>4 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges 7</p>	<p>5 Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange 5</p>	<p>6 Meatloaf Corn with Peppers Tropical Fruit 5</p>	<p>7 Chicken Salad on a Croissant Potato Salad Fruited Yogurt 4</p>	<p>8 Bleu Moon Carrot Raisin Salad Banana 6</p>
<p>11 Tuna Salad Raisins Creamy Cucumbers 6</p>	<p>12 Roast Beef & Swiss Banana Yogurt Carrot & Celery Sticks 6</p>	<p>13 Turkey BLT Carrots Raisin Salad Fresh Apple 5</p>	<p>14 Chicken Fajita Wrap Ambrosia Corn with Peppers 6</p>	<p>15 Bistro Sandwich Fruited Jell-O Marinated Cucumbers 5</p>
<p>18 Tomato Salami Raisins Corn with Peppers 6</p>	<p>19 Southwest Wrap Tropical Fruit Carrot & Celery Sticks 5</p>	<p>20 Chicken Veggie Pita Apple Side Salad 7</p>	<p>21 Turkey on an Onion Bun Banana Baked Beans 6</p>	<p>22 Pastrami and Swiss Fruit Cocktail Fresh Orange 6</p>
<p>25 Beef and Bleu Wrap Pineapple Side Salad 6</p>	<p>26 Egg Salad Banana Coleslaw 6</p>	<p>27 Grilled Chicken Raisins Creamy Cucumbers 5</p>	<p>28 Chicken Burrito Corn with Peppers Applesauce Cake 8</p>	<p>29 Turkey Bagel Raisins Baked Beans 6</p>

News

Includes Low Fat Milk

Meals Include 1/3 of the
Recommended Daily Allowance
(RDA)

Meals Subject to Change

Special Events

**June 15: Elder Abuse
Awareness Day**

**June 28: Birthday
Celebration**



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