



# AUGUST | 2017

## Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>	<p><b>1</b> Egg Salad Banana Coleslaw 6</p>	<p><b>2</b> Grilled Chicken Raisins Creamy Cucumber 5</p>	<p><b>3</b> Beef &amp; Bleu Wrap Pineapple Side Salad 6</p>	<p><b>4</b> Turkey Bagel Raisins Baked Beans 6</p>
<p><b>7</b> Tuna Salad Peaches 3-Bean Salad Apple Juice 6</p>	<p><b>8</b> Tomato Salami Raisins Corn with Peppers 6</p>	<p><b>9</b> Turkey BLT Fresh Apple Carrot Raisin Salad 5</p>	<p><b>10</b> Ham &amp; American Banana Yogurt Carrot Celery 6</p>	<p><b>11</b> Mushroom Chicken Wrap Side Salad Tomato Basil Salad Fresh Orange 5</p>
<p><b>14</b> Seafood Sub Corn with Peppers Banana 8</p>	<p><b>15</b> Crunchy Chicken Wrap Potato Salad Raisins Fruited Gelatin 6</p>	<p><b>16</b> Egg Salad Baked Beans Pears Orange Juice 6</p>	<p><b>17</b> Haystack Pork Pea &amp; Cheese Applesauce 4</p>	<p><b>18</b> PB &amp; J Tomato Basil Salad Fresh Apple 6</p>
<p><b>21</b> Meatloaf Corn with Peppers Tropical Fruit 5</p>	<p><b>22</b> Chicken Salad Croissant Potato Salad Fruited Yogurt 4</p>	<p><b>23</b> Mushroom Chicken Wrap Cucumber Lemon Salad Tomato Basil Salad Fresh Orange 5</p>	<p><b>24</b> Bleu Moon Carrot Raisin Salad Banana 6</p>	<p><b>25</b> Pizza Sub Raisins Carrot/Celery Mandarin Oranges 7</p>
<p><b>28</b> Turkey on Onion Bun Banana Baked Beans 6</p>	<p><b>29</b> Pastrami &amp; Swiss Fruit Cocktail Fresh Orange 6</p>	<p><b>30</b> Chicken Vegetable Pita Apple Side Salad 7</p>	<p><b>31</b> Tomato Salami Raisins Corn with Peppers 6</p>	

### MENU

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

### Special Events

August 24 – Birthday Celebration!



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