



AUGUST | 2018

Sandwich Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>***The Numbers reflect the carb count for each meal. 1 carb count = 15g of carbohydrates</p>		<p>1 Tomato Salami Raisins Corn with Peppers</p> <p>6</p>	<p>2 Southwest Wrap Tropical Fruit Carrot & Celery Sticks</p> <p>5</p>	<p>3 Chicken Veggie Pita Apple Side Salad</p> <p>7</p>
<p>6 Grilled Chicken Raisins Creamy Cucumbers</p> <p>5</p>	<p>7 Chicken Burrito Corn with Peppers Applesauce</p> <p>7</p>	<p>8 Turkey Bagel Raisins Baked Beans</p> <p>6</p>	<p>9 Beef and Bleu Wrap Pineapple Side Salad</p> <p>6</p>	<p>10 Egg Salad Banana Coleslaw</p> <p>6</p>
<p>13 Mushroom Chicken Wrap Cucumber Lemon Tomato Basil Salad Fresh Orange</p> <p>5</p>	<p>14 Tomato Salami Raisins Corn with Peppers</p> <p>6</p>	<p>15 Ham and American Banana Yogurt Carrot & Celery Sticks</p> <p>6</p>	<p>16 Turkey BLT Fresh Apple Carrot Raisin Salad</p> <p>5</p>	<p>17 Tuna Salad Three Bean Salad Peaches Apple Juice</p> <p>6</p>
<p>20 Crunchy Chicken Wrap Potato Salad Raisins Fruited Jell-O</p> <p>6</p>	<p>21 Haystack Pork Pea & Cheese Salad Applesauce</p> <p>4</p>	<p>22 Egg Salad Baked Beans Pears Orange Juice</p> <p>6</p>	<p>23 Seafood Sub Corn with peppers Banana Cake</p> <p>8</p>	<p>24 PB & J Tomato Basil Salad Fresh Apple</p> <p>6</p>
<p>27 Mushroom Chicken Wrap Cucumber Lemon Tomato Basil Salad Fresh Orange</p> <p>5</p>	<p>28 Bleu Moon Carrot Raisin Salad Banana</p> <p>6</p>	<p>29 Pizza Sub Raisins Carrot & Celery Sticks Mandarin Oranges</p> <p>7</p>	<p>30 Chicken Salad on a Croissant Potato Salad Fruited Yogurt</p> <p>4</p>	<p>31 Meatloaf Corn with Peppers Tropical Fruit</p> <p>5</p>

News

Includes Low Fat Milk

Meals Include 1/3 of the Recommended Daily Allowance (RDA)

Meals Subject to Change

Special Events

August 23: Birthday Celebration



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