

SALADS
SALADS BY THE POUND

Broccoli Salad.....	\$2.39
Chicken Salad.....	\$3.99
Coleslaw.....	\$2.39
Egg Salad.....	\$3.49
Pasta Salad.....	\$2.39
Potato Salad.....	\$2.39
Tuna Salad.....	\$3.99

INDIVIDUALLY BOXED SALADS

Includes a roll and butter.

Fresh made salad options include Bacon Spinach Salad, Chef Salad, Chicken Caesar Salad, Cobb Salad, Michigan Salad or Southwest Chicken Salad..\$6.50

Minimum order 5 like salads. Groups of 10 or more may select 2 choices.

HOUSE MADE SOUPS

Corn Chowder with Italian Sausage	Mushroom Brie Bisque
Chicken pot pie	Tex-Mex Chili
Creamy Spinach and Artichoke	Tomato Basil
Garden Vegetable	White Chicken Chili

PASTA

Includes a roll, butter and side salad.

Pasta we prep, you bake. Leave the prepping to us; we leave the baking for you. We'll keep the secret between us two! Options include Bee's Knees Mac 'N Cheese Chicken Broccoli Alfredo, or Meatball Marinara.....\$8.99

DESSERTS

Magic Bars.....	\$1.99
No Bake Cookies.....	\$.99
Freshly Baked Cookies: oatmeal raisin, chocolate chip, M&M, or white macadamia nut.....	\$.99

BEVERAGES

Canned.....	\$1.39
Bottled Water.....	\$1.39

Tanglewood
PARK
CAFÉ AND CATERING
 Operated by AgeWell Services



Hours of Operation:
Monday, Wednesday and Friday
 7:00 a.m.-3:00 p.m.

Tuesday and Thursday
 7:00 a.m.-4:00 p.m.

Catering Phone: (231) 683-2650

560 Seminole Rd.
 Muskegon, MI 49444
www.agewellservices.org

BREAKFAST CATERING

CAFÉ CONTINENTAL

- Café Simple** assorted muffins, croissants, seasonal melon and berries.
Freshly brewed coffee or hot tea and orange or apple juice.....\$5.99
- Café Complete** juice, hard boiled eggs, assorted Danishes, sweet breads and muffins with toppings (Jam, Butter, Honey etc.), fresh fruits, hot tea or coffee.....\$6.49
- Rise-N-Fly Breakfast Box** fresh fruit cup, muffin with butter and orange or apple juice.....\$5.99
- Healthy Roots** Hearty oatmeal topped with brown sugar, cranberries, walnuts and almonds. Served with fresh fruit and coffee.....\$5.50
- Add fresh seasonal melon & berries**.....\$1.99 per person
- Add yogurt & granola**.....\$1.99 per person

EGG-CELLENT OPTIONS

*Unless otherwise noted. **Ready, Set, Go Scramble Buffets** include shredded skillet hash browns, assorted mini muffins, croissants, Danish, jelly, butter and cream cheese.

Alterations or substitutions may incur additional charges.

- Greek Scramble** baby spinach, tomato, green bell pepper, onion, parmesan and Feta cheese.....\$8.50
- Meat Lovers Scramble** bacon, ham and sausage topped with Colby cheese.....\$8.50
- Southwest Scramble** chicken strips, green and red pepper, onions, corn and black beans with Colby cheese.....\$8.50
- Tanglewood Scramble*** hash browns, onions, ham, green pepper, mushrooms and Colby cheese.....\$8.50
- Veggie Lovers Scramble** green peppers, onions, mushrooms, spinach, tomato and Swiss cheese.....\$8.50
- Western Scramble** eggs, ham, green bell peppers and onion.....\$8.50
- Create-your-own (up to four selections)**.....\$8.50
- | | | |
|-----------------|------------------------------------|----------|
| American Cheese | Bacon | Mushroom |
| Colby Jack | Ham | Onion |
| Feta | Sausage | Spinach |
| Parmesan | Bell Pepper | Tomato |
| White Cheddar | Fire Roasted Corn
& Black Beans | |

A LA CARTE OPTION

- Coffee**.....\$1.49
- Fresh Fruit**.....\$1.99
- Sausage Links**.....\$1.49
- Bacon**.....\$1.49
- Sweet Breads, Bagels, Mini Muffins**.....\$1.49
- Cinnamon Rolls**.....\$2.99
- Gourmet Pecan Cinnamon Roll**.....\$3.49

LUNCH CATERING

Available as boxed lunch or as a party platter.
Includes potato chips and dill pickle spear.

- BOXED LUNCH OPTION** sandwich, chip, pickle with your choice of one: cup of soup, pasta salad, garden salad with dressing, or fresh fruit.
- 1/2 sandwich boxed lunch**.....\$5.25
- Full sandwich boxed lunch**.....\$7.99
- Add individually wrapped cookies**.....\$0.59

PLATTER OPTION meat and cheese OR deli salad sandwich platters, mini rolls, croissants condiments, and your choice of one house made salads: garden, Caesar, potato, coleslaw, pasta, broccoli..... \$7.99

SANDWICHES AND WRAPS

Southwest Wrap jalapeño wrap topped with chicken, fire roasted corn and black bean, lettuce, Colby cheese, tri-colored tortilla chips drizzled with chipotle ranch.

Three Cheese Turkey Wrap jalapeño wrap topped with oven roasted turkey, scallion cream cheese, sharp white cheddar cheese, tomato, lettuce and tri-colored tortilla strips.

Vegetarian Perfection Wrap spinach wrap topped with sun-dried tomato cream cheese, Swiss cheese, sautéed red onions, sliced tomatoes, fresh basil and parmesan cheese.

Turkey Bacon Club Oven roasted turkey with chipotle mayo, sharp white cheddar, crisp bacon, lettuce and sliced tomato, served on sourdough.

CREATE YOUR OWN DELI SANDWICH OR WRAP

BASE	MEAT	CHEESE
Eight Grain	Ham	American
Sourdough	Turkey	Swiss
Wheat	Roast Beef	White Cheddar
Jalapeño Wrap		Feta
Spinach Wrap		Parmesan

TOPPINGS	DRESSING
Shredded Lettuce	Mayo
Tomato	Mustard
Red Onion	Horsey Sauce
Spinach	Chipotle Mayo
Cucumber	

Finger Deli Salad Sandwiches topped with fresh shredded lettuce on white, wheat or rye bread: Chicken Salad, Tuna Salad or Egg Salad.